

The following instructions govern to the Brigade Alcohol Programs:

- COMDTMIDNINST 5350.1C MIDSHIPMEN ALCOHOL AND DRUG ABUSE PREVENTION AND CONTROL
- COMDTMIDNINST 5350.2E BRIGADE ALCOHOL SCREENING USING ALCOHOL DETECTION DEVICE
- COMDTMIDNINST 5100.1B CH-1 BRIGADE SHIPMATE DESIGNATED DRIVER INITIATIVE
- COMDTMIDNINST 1531.1 TAILGATING STANDARD OPERATING PROCEDURES
- COMDTMIDNINST 1610.2H ADMINISTRATIVE PERFORMANCE AND CONDUCT SYSTEM
- COMDTMIDNINST 1601.10L BANCROFT HALL WATCH INSTRUCTION

## Naval Academy Alcohol and Drug Prevention

The purpose of our alcohol abuse prevention policy is to develop junior officers who understand and demonstrate responsible use of alcohol by taking personal ownership for their actions, assuming responsibility for the welfare of their Shipmates and avoiding the destructive use of alcohol.

Our program emphasizes clear standards, effective education, identification and punishment of underage drinkers, personal accountability and strengthened consequences for inappropriate behavior, effective treatment for those who demonstrate alcohol dependency, and promotion of alternative entertainment and recreation.

Alcohol and drug abuse are incompatible with Naval Academy values. Drug use, including designer drugs, synthetic cannabinoids, and alcohol abuse, are in violation of the Uniform Code of Military Justice (UCMJ) and in violation of federal, state and/or local law. Alcohol and drug abuse are not tolerated at the Naval Academy and will result in appropriate disciplinary action.

By emphasizing education, empowerment, inspiration, and accountability, the Brigade of Midshipmen have taken ownership of the drug and alcohol prevention program, which has created a culture of awareness and understanding – it is this cultural embodiment and ownership by the Brigade of Midshipmen, not a single program or policy, that truly has made our alcohol awareness program successful.

Our current alcohol abuse prevention program includes:

### 1. Education:

The Naval Academy provides all midshipmen educational resources on responsible alcohol use. These include:

- **Quarterly training** from the Naval Academy's Alcohol and Drug Education Officer (ADEO), which occurs before and after summer leave, before spring break, during Alcohol Awareness Week, and during periodic brigade-wide lectures.
- Company ADEO's provide weekly training on various topics including the measure of a standard drink, health effects of drinking, making a good plan prior to drinking, the wingman policy, and lessons learned from those who have made mistakes
- Company Officers train their respective Company on common mistakes, impact of alcohol abuse on command climate and professional ramifications, and options for healthy, responsible drinking
- Midnight Teachable Moments- Company level peer-led discussion groups based on scenarios involving excessive drinking, peer pressure, questionable actions, and the possible outcomes of such behavior if left unregulated. Midshipmen are given dinner and up to 3 drinks to experience the effects of alcohol in a controlled environment. Volunteers are given a breathalyzer test and a discussion about how alcohol affects individuals differently
- XYZ cases: conduct and honor cases modified to take out identifying information and made available for dissemination and discussion on actions and consequences

## 2. Responsibility:

- The ADEO is responsible for educating midshipmen about alcohol and drug abuse and prevention. This person uses both formal and informal tactics for disseminating information.
- When individuals are misusing alcohol it is the responsibility of their peers or immediate chain of command to intervene and stop further abuse of alcohol.
- Naval Academy leadership is also responsible for the prevention, education and intervention of alcohol abuse. These individuals include:
  - Commandant of Midshipmen
  - Brigade Medical Officer
  - Midshipmen Development Center
  - Character and Development Officer
  - Midshipman Brigade Alcohol and Drug Education Officer
  - Midshipman Battalion Alcohol and Drug Education Officer
  - Midshipman Company Alcohol and Drug Education Officer
  - Battalion Officers
  - Company Officers
  - Company Commanders
  - Platoon Commanders
  - Squad Leaders
  - Head of Mental Health Department
  - Substance Abuse Rehabilitation Program Counselor
  - Brigade Urinalysis Program Officer
  - Brigade Urinalysis Program Assistant
  - All Midshipmen
  - Alcohol Working Group
- **Shipmate "Safe Drive" Program:** gives midshipmen who are on local liberty or at special Naval Academy events transportation back to Bancroft Hall if they have consumed alcohol. This program is designed to help eliminate drunk driving and is available to all members of the Brigade regardless of age or rank. Shipmate is not a part of the conduct system and therefore will not take conduct action on any midshipmen. The program runs Friday and Saturday nights (and Sunday nights in the event of a long weekend) from 9 p.m. – 3 a.m.

### **3. Enforcement:**

#### **Breathalyzers**

- Alcohol Detection Device Policy (Breathalyzers) program is being updated to reflect the Navy instruction and use in the Fleet
- The Naval Academy has conducted random breathalyzer testing for alcohol since the Navy policy change in 2010
- The purpose of the random breathalyzer screening program is to encourage responsible drinking within the Brigade of Midshipmen. We want midshipmen to know that responsible use of alcohol goes beyond not driving under the influence or not being arrested – it means being fit for duty and free from the effects of alcohol when it is time to assume watch or responsibilities.
- The Naval Academy Midshipmen Store is now selling a personal breathalyzer called 'Red Line.' This product is not mandatory for midshipmen, but it is available for them to purchase if they desire. Use of this product will help Midshipmen determine their own tolerance levels and become better leaders by training their juniors about the effects of alcohol.

#### **Urinalysis Testing**

- Urinalysis testing is randomly conducted based on the Navy-wide policy to deter midshipmen from using illegal drugs.

#### **Inspection**

- Enforcement of the alcohol abuse prevention program includes random inspection of rooms, bags and vehicles for alcohol or drugs.

### **4. Prevention Programs:**

- **Midshipman Candidate Early Intervention Program** – Candidates who have accepted an offer of appointment are sent guidelines of Naval Academy alcohol and drug policy prior to their arrival on induction day.
- **Statement of Understanding** – Every new Naval Academy inductee is briefed on the Navy's alcohol and drug policies during plebe summer and signs the Drug and Alcohol Abuse Statement of Understanding.
- **New Accession Alcohol and Drug testing** – All midshipmen are given a drug and alcohol test upon their induction of the Naval Academy, as well when returning from summer and winter leave periods. Any candidate with a BAC of .05% or above will be sent to the Senior Medical Officer for evaluation. Any candidate testing positive for any illicit drug(s) will be processed for separation immediately.

### **5. Treatment:**

Intervention at the earliest possible time and lowest level is one of the leading philosophies of this program. Naval Academy leadership and chain of command are responsible for ensuring any midshipman diagnosed with an alcohol or drug abuse or dependence, get the appropriate level of treatment. Treatment for alcohol abuse and dependency is available to all midshipmen through the Substance Abuse Rehabilitation Program (SARP) Counselor. The SARP is responsible for:

- Providing prevention, consultation, education, and training services and resources for the entire brigade.
- Performing formal screening and assessment of midshipmen who are referred by command, or themselves, due to possible alcohol related problems and ensures diagnosis



information is made available to the midshipman's company officer through the Naval Academy ADEO.

- Makes appropriate entries in the outpatient medical record to document the services provided.
- Assist the Naval Academy ADEO in arranging the logistics for the proper level of intervention or treatment.
- Oversee the Continuing Care services for all midshipmen returning from successful completion of substance abuse or dependence treatment. Review the Aftercare Plan provided to the midshipman by the treatment facility and recommend in writing to the Commandant any alterations needed based upon the individual needs of the midshipman.
- Upon completion of Continuing Care, the SARP will provide the ADEO and respective company officer with a letter stating successful completion.

If a diagnosis of alcohol abuse or dependence is made, treatment is required if the midshipman is to be retained at the academy. If the midshipman is either separated or resigns from the Naval Academy, they will still be offered treatment.



# **USNA Alcohol Programs**

LT (b) (6)

**Commandant's Alcohol and Drug Education Officer**



## ***Mission Statement***

**The purpose of our alcohol abuse prevention programs is to develop junior officers who understand and demonstrate responsible use of alcohol by taking personal ownership for their actions, assuming responsibility for the welfare of their Shipmates, and avoiding the destructive use of alcohol.**



## ***Overview***

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- **Alcohol and Drug Education Officers**
  - **Education Events and Programs**
- **Alcohol Working Group**
- **DAPA Program and treatment**
- **Other Programs**
- **Community Involvement**



## ***Alcohol and Drug Education Officers***

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- **1 Officer, 38 Midshipmen ADEOs**
  - **2 Brigade, 6 Battalion, 30 Company**
- **Educate and train Midshipmen on Responsible Use**
- **Separate from conduct system and treatment programs**



## ***Alcohol and Drug Education Officers (Cont.)***

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- **Quarterly Brigade-wide training**
- **Localized training prior to any sanctioned event involving alcohol use (company picnics, etc.)**
- **Annual Alcohol Awareness Week prior to Spring Break**
- **Company-level training evolutions**
  - **Midnight Teachable Moments**



## ***Alcohol Working Group***

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- **“Think Tank” of members from the Brigade at large**
- **Quarterly meetings (or more)**
- **Make recommendations to the Commandant of Midshipmen on ways to improve alcohol programs**



## ***Drug and Alcohol Program Advisors (DAPA)***

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- **1 Senior Enlisted Advisor from each Battalion**
  - Fleet qualification process
- **Assist with process for obtaining treatment post alcohol-related incident**
  - SARP coordination
- **Coordinate with AA for meetings on the Yard**



## ***Other Programs***

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- **“Keep What You’ve Earned” Campaign**
- **SHIPMATE “Safe Drive” program**
- **Alcohol Detection Device usage**



## ***Community Involvement***

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- **Part of Annapolis Substance Abuse Prevention Coalition (ASAP)**
- **Member of the Maryland Collaborative to Reduce College Drinking and Related Problems**



## ***Conclusion***

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- **Multi-faceted combination of training evolutions, educational events, prevention programs, and treatment designed to support the Mission**
- **QUESTIONS?**

6 November 2016

MEMORANDUM

From: MIDN 1/C (b) (6) USN, Brigade ADEO  
To: Col Steven Liszewski, Commandant of Midshipmen

Subj: BRIGADE ADEO STANDARD OPERATING PROCEDURE

Encl: (1) ADEO Overview & Turnover Documents  
(2) Brigade Alcohol Think-Tank SOP  
(3) Keep What You've Earned Project Guidelines  
(4) Midnight teachable Moments SOP  
(5) 21<sup>st</sup> Birthday Training SOP  
(6) Commandant-Level Alcohol Chit instructions  
(7) Commandant-Level Alcohol Chit Example  
(8) Commandant Alcohol Chit Action Memo Example  
(9) Commandant Alcohol Chit Routing Slip Example  
(10) Company-level Alcohol Chit Template  
(11) Battalion-level Alcohol Chit Template  
(12) August 2016 Reform Brief

1. **Official Description:** (Commandant of Midshipman Instruction 1601.12D)
  - a. Brigade Alcohol and Drug Education Officer (ADEO)/Command Managed Equal Opportunity Officer (CMEO):
    - a. Basic function. Responsible to the Brigade Commander, Character Advisor, and Character Development and Training Division ADEO for alcohol and drug-related issues. Responsible to Character Development and Training Division CMEO regarding command climate and equal opportunity issues. Promotes equal opportunity and fair treatment of others throughout the Brigade. Executes the Brigade's Right Spirit Campaign.
    - b. Specific duties and responsibilities:
      - (1) Primary duties and responsibilities of the Brigade ADEO are outlined in reference (d).
      - (2) Accountable to the Brigade Commander and Character Advisor for the conduct of the ADEO/CMEO staff.
      - (3) Serves as a member of the Alcohol Working Group.
      - (4) Assigns duties to members of the ADEO/CMEO Staff as required.
      - (5) Sits on ADEO/CMEO selection boards.
  - b. Brigade Assistant Alcohol and Drug Education Officer (ADEO) for Athletics

- a. Basic Function. Responsible to the Brigade ADEO for alcohol and drug related issues pertaining to the athletic community at USNA. Also, responsible for the promotion of the Brigade's Right Spirit Campaign to the athletic community.
- b. Specific duties and responsibilities
  - (1) Executes ADEO policies.
  - (2) Develop a continuing program for educating the athletic community with respect to alcohol and drugs.
  - (3) Conduct at least one meeting per semester with all in-season team captains from varsity and club sports to relay information regarding the Brigade's Right Spirit Program and changes to policies related to alcohol and drugs.
  - (4) Executes the Right Spirit Campaign and other command initiatives within the Athletic Department and within all athletic buildings.
  - (5) Serves as a member of the Alcohol Working Group.
  - (6) Carries out other duties as assigned by the Brigade ADEO.

**2. USNA Drug and Alcohol Educational Mandate: (COMMANDANT OF MIDSHIPMAN INSTRUCTION 5350.IC CHANGE TRANSMITTAL 1)**

- a. Education
- b. The following educational resources will be provided for the U.S. Naval Academy Staff, Faculty and the Brigade of Midshipmen.
  - a. Alcohol and Drug Education Officer (ADEO) Website ([www.usna.edu/ADEO/](http://www.usna.edu/ADEO/)).
  - b. Quarterly Naval Academy ADEO education and training shall be provided to include annual reform and intercessional training, periodic brigade-wide speakers, Alcohol Awareness Week and pre-Spring Break training. Training accomplishment shall be recorded by the Company ADEOs. Training reports shall be provided to the Naval Academy ADEO via the Company, Battalion, and Brigade ADEOs.
  - c. Responsible Use Dinner Training consisting of the positive and negative aspects of alcohol use, as well as a personal BAC computation will be made available for all Midshipmen during their 21st birthday month.
  - d. Midshipmen Second Class shall receive training on the Navy's current alcohol education and prevention courses, including Drug Abuse Managers/ Supervisors (ADAMS) and Alcohol and Drug AWARE course, to include overview of the course curriculum and targeted audience. Emphasis should be placed on the importance and availability of fleetwide alcohol and drug training programs.
  - e. Company Officers shall complete alcohol training within their respective companies at the beginning of each academic year. The training is not limited to, but shall include:
    - (1) The definitions of responsible, risky, abusive and extreme drinking.



(2) A discussion of the Naval Academy's alcohol policy and the "0-0-1-3" guideline.

### **3. Responsibilities of Midshipman ADEOs**

#### **a. Brigade ADEO**

- i. Lead/organize Brigade Alcohol Think-Tank
- ii. Sign off on Commandant-level alcohol chits
- iii. Write/oversee proposals for changes to USNA alcohol education policy
- iv. Organize/present Reform Alcohol Briefs
- v. Organize/present Pre-Spring Break Brief
- vi. Oversee organization of Croquet Task Force
- vii. Stand at Deputy Commandant and Commandant alcohol adjudications
- viii. Oversee SHIPMATE program (SHIPMATE is independently organized by a designated "SHIPMATE Coordinator")

#### **b. Brigade Assistant ADEO for Athletics (proposal to rename to "Brigade Assistant ADEO")**

- i. Act as ADEO liaison to sports teams
- ii. Oversee 21<sup>st</sup> Birthday Training
- iii. Stand at Deputy Commandant and Commandant alcohol adjudications

#### **c. Battalion ADEOs**

- i. All Battalion ADEOs stand at Deputy Commandant and Commandant alcohol adjudications for Midshipmen in their respective Battalion.
- ii. Sign and route alcohol chits within their respective Battalion
- iii. Two Battalion ADEOs are designated as "Keep What You've Earned Coordinators" for their respective Regiment. They oversee all Keep What You've Earned projects for those Midshipmen who have incurred an ARI within their respective Regiment.
- iv. Two Battalion ADEOs are designated "Midnight Teachable Moments Coordinators" for their respective Regiment. They oversee the Company ADEOs who are facilitating Midnight Teachable Moments, and they process the feedback after each Midnight Teachable Moments is complete.
- v. One Battalion ADEO is designated as the "XYZ Case Manager." This Battalion ADEO prepares XYZ cases to be shown in King Hall via powerpoint on Fridays at Noon Meal.
- vi. Fall Semester: One Battalion ADEO is designated to research commercially-available alcohol speakers to hire in preparation for the Pre-Spring Break Brief.
- vii. Spring Semester: One Battalion ADEO is designated to help organize Task Force for Croquet, along with the Brigade ADEO.

#### **d. Company ADEOs**

- i. Organize/facilitate Midnight Teachable Moments for their Company (if necessary – MTM is only available for 15 of the 30 Companies each year due to fiscal constraints).
- ii. Provide Head Gouge and other alcohol-related reminders to their Companies on a regular basis.
- iii. Route alcohol chits for Company-level events.
- iv. Stand at Deputy Commandant and Commandant alcohol adjudications for Midshipmen in their respective Company.

**Encl 1: Brigade Alcohol Think-Tank Standard Operating Procedure**

**Encl 2: Keep What You've Earned Project Guidelines**

**Encl 3: Midnight Teachable Moments Standard Operating Procedure**

**Encl 4: 21<sup>st</sup> Birthday Training Standard Operating Procedure**

**Encl 5: Commandant-Level Alcohol Chit instructions**

**Encl 6: Commandant-Level Alcohol Chit Example**

**Encl 7: Commandant Alcohol Chit Action Memo Example**

**Encl 8: Commandant Alcohol Chit Routing Slip Example**

**Encl 9: Company-level Alcohol Chit Template**

**Encl 10: Battalion-level Alcohol Chit Template**

**Encl 11: August 2016 Reform Brief**

**Encl 12: Croquet Task Force Organization Plan (ACYR16)**

(b) (6)

MIDN USN

2 May 2017

## USNA Alcohol and Drug Programs

The Staff ADEO and the Midshipman Brigade ADEO oversee the following projects and events throughout the academic year:

- 1) Brigade Alcohol Think Tank
- 2) Proposals to USNA Drug and Alcohol Policy
- 3) Training and management of Midshipmen ADEO Chain of Command
- 4) Fall Reform Brief
- 5) Shipmate
- 6) Midnight Teachable Moments
- 7) Commandant-level alcohol chits
- 8) Pre-Spring Break Brief and Alcohol Awareness Week events
- 9) Friday King Hall XYZ cases
- 10) Deputy and Commandant-level drug and alcohol adjudications
- 11) Keep What You've Earned Campaign
- 12) Croquet Support
- 13) Responsible drinking reminders before Graduation Week

(b) (6)

MIDN USN

Brigade ADEO

20 March 2017

## Responsibilities of the Brigade ADEO

The Brigade ADEO is a year-long four-striper billet. The Brigade ADEO serves as a Midshipman advocate and a subject matter expert on the topic of alcohol. Below is a more specific list of the responsibilities of the Brigade ADEO.

- 1) Facilitates the Brigade Alcohol Think Tank
- 2) Proposes changes to USNA Drug and Alcohol Policy
- 3) Interact with the Commandant, Deputy Commandant, Alcohol Think Tank Overseer, and Staff ADEO
- 4) Advises the Brigade Commander
- 5) Trains and manages the Midshipmen ADEO Chain of Command and delegates ADEO responsibilities
- 6) Oversees:
  - a. Fall Reform Brief
  - b. Midnight Teachable Moments
  - c. Keep What You've Earned Campaign
  - d. Commandant-level alcohol chits
  - e. Pre-Spring Break Brief and Alcohol Awareness Week events
  - f. Shipmate
  - g. Friday King Hall XYZ cases
  - h. Breathalyzer use at Gate 1
  - i. ADEO Attendance at Deputy and Commandant-level drug and alcohol adjudications
  - j. ADEO and Shipmate support of Croquet

(b) (6)

MIDN USN

Brigade ADEO

## Instructions for an ECA/Sports/Brigade Alcohol Chit

Any event with alcohol that may contain Mids from multiple Battalions requires approval from the Commandant. An alcohol chit to the Dant requires three things:

1) **THE ALCOHOL CHIT ITSELF.** See attached. The alcohol chit is pretty self-explanatory, fill in the blanks. Why do we have alcohol chits? For two reasons: a) it ensures that someone is aware of and planning for the responsible use of alcohol at an event, and b) it notifies the chain of command that a potentially risky event is coming in the near future.

2) **A ROUTING CHIT.** This basically ensures that whatever you are passing up to the Dant has been through the correct people's hands before his. The routing chit is a separate sheet that is printed out and stapled to the front of a new folder. You can download the chit yourself from the USNA home page (click the "Commandant" tab at the top, and click on the blue "Correspondence Sheet" link under the Dant's smiling picture). Below SUPPO, fill in OPS, then below that ECAO, then below that ADEO. Also fill out the "To, From, and Subject" fields.

3) **AN ACTION MEMO.** This gives some more information to the Dant about your event, and ensures that you have taken the appropriate amount of planning. The format can also be found beneath the "Correspondence Sheet" link on the Dant's USNA homepage. I have also included it, along with an example Action Memo from last year. Include this memo inside the folder with the printed alcohol chit!

## DIRECTIONS:

1) Chits going to the Commandant require AT LEAST TWO WEEKS to receive approval! Get these done way in advance!

2) Once all three portions (chit, routing chit, and action memo) are complete, print off the chit and walk it to each recipient for their signature. In my absence, (b) (6) (Brigade Assistant ADEO) can sign as the Brigade ADEO.

3) LT (b) (6), the Staff ADEO, lives on the second deck of Luce (Office (b) (6)). Send him an email to let him know before you are coming. If he signs, he will pass the chit up from there.

4) Once your chit has been approved, DO NOT THROW IT AWAY. In the event of an alcohol mishap, it will be an important document to prove that you had received approval for alcohol!

Contact (b) (6) (b) (6)@usna.edu or myself (b) (6)@usna.edu with any questions!

**ACTION/DECISION MEMO**

02 MAR 2016

FOR: COMMANDANT OF MIDSHIPMEN, U.S. NAVAL ACADEMY

FROM: MIDN LT (b) (6) WOMEN'S GLEE CLUB PRESIDENT

SUBJECT: WOMEN'S GLEE CLUB ALCOHOL CHIT: SPRING TOUR 2016

Ref: (a) COMDTMIDNINST 5350

**Discussion:** The contents of this package include,

- (a) Alcohol Chit: ICO M1600002
- (b) Movement Order itinerary
- (c) List of Midshipmen of drinking age
- (d) 1/C duty section watchbill
- (e) A hard copy of the movement order as of 01MAR2016.

The purpose of this decision memo and supporting documents is to respectfully request approval for of age Midshipmen to consume alcohol on Spring Tour.

**Background:** The Women's Glee Club (WGC) responsibly executed a movement order with an approved alcohol chit during Fall Tour 2015 to Detriot MI, and has had a good history with alcohol consumption while on the last 3 years of tours.

**Way Ahead:** The responsible use of alcohol will not impede the primary mission of the WGC Spring Break Admissions Outreach Tour. Mitigations to the risk of irresponsible use of alcohol include a briefing to the club on 06MAR16 and enforcement of the "12 hour rule" and the limitations of only beer and wine as discussed in the special request chit.

**RECOMMENDATION:** Respectfully recommend the Commandant of Midshipmen approve the special request chit.

Approve   *JS*   Disapprove           

ATTACHMENTS: [None]

COORDINATION: [None]

Prepared By: Midshipman (b) (6), Women's Glee Club, (b) (6)

SPECIAL REQUEST				(Use ballpoint pen or type)	
To: Col. Lizsewski, USMC, Commandant of Midshipmen		From: MIDN 1/C (b) (6) WGC ADEO		Alpha Number: (b) (6)	
VIA: Chain-of-Command		Class Year 2016	Company 18	Room Number (b) (6)	Rank MIDN 1/C
REF (a) COMDTMIDNINST 5350		SQPR (b) (6)	CQPR (b) (6)	Perf. Grade (b) (6)	Conduct Grade (b) (6)
I Respectfully Request (Type): MO: X Dining Out: Co/Batt function Other: (Specify)					
Address (Care of): (Street, P.O. Box, RFD)		(City) Los Angeles		(State) CA	(Zip Code) (Phone)
<p>Remarks or Reasons (if "DINING OUT," state with whom and relationship; "OTHER," explain)</p> <p>The Women's Glee Club requests that restrictions against the consumption of alcohol on movement orders be waived while in liberty status during our Spring Break concert tour of Los Angeles, CA. Ensemble policy states that no alcohol shall be consumed within 12 hours prior to a performance and will be strictly enforced. Alcohol will not be consumed outside of liberty hours. All members will abide by the buddy system at all times while on liberty and will monitor each other to ensure proper behavior. Consumption will be limited to of-age Midshipmen listed in the attachment. Enforcement will be augmented by the procedures stated in the attached alcohol enforcement policy.</p> <p>* Alcohol responsibility training completed for all MIDN attending rehearsal on 06 MAR 2016 with refresher training immediately prior to event.</p> <p>* The plan to identify and label MIDN of legal drinking age is to brief all club members on the entirety of the alcohol chit, including the list of MIDN of legal drinking age. Plebes will not be permitted to drink regardless of age.</p> <p>* Each MIDN will drink responsibly and not cause any discredit on themselves, the team/ECA, or the institution.</p> <p>* Midshipmen of age will adhere to a strict beer and wine only policy while drinking.</p> <p>* Alcohol-free Duty Section is identified.</p> <ul style="list-style-type: none"> <li>* Plan for situation when someone consumes too much alcohol is to send a sober escort with that person back to the hotel.</li> <li>* Plan for safe transportation: all transportation is done by club buses and taxis, and no personal or rented vehicles are permitted.</li> <li>* Midshipmen in charge of duty section: Annotated on attached schedule</li> </ul> <p>* Officers/SEs from CoC present are: LCDR (b) (6), USN</p>					
Signature (Midshipman) (b) (6)		Date 24-Feb-16	Beginning (Time & Date) 1530 10MAR2016	Ending (Time & Date) 2000 20MAR2016	
CHAIN-OF-COMMAND	DATE	CoC'S INITIALS RECOMMEND YES	CoC'S INITIALS RECOMMEND NO	Chain-of-Command Comments:	
Brigade ADEO MIDN 1/C (b) (6)	02 MAR 16	(b) (5)			
Women's Glee Club Preside MIDN 1/C (b) (6)	01 MAR 16				
Women's Glee Club O-Rep LCDR (b) (6) USN	02 MAR 16				
ECAO LT (b) (6) USN	03 MAR				
Commandant's ADEO LT (b) (6) USN	03 MAR 16				
Operations Officer CDR (b) (6) USN	04 MAR 16				
Deputy Commandant CAPT R. (b) (6) USN	4 MAR				
Commandant Col. S. Lizsewski, USMC	7 MAR		11		Departed (Time & Date)
				Signature (CDO, MOOW, OOW)	Signature (CDO, MOOW, OOW)

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# Alcohol and Drug Conduct Charges

MDTMIDNINST 1610.2G  
Aug 14

## 2.5 Alcohol and Drugs

### a. Definitions:

- (1) Alcohol - beverage with any percentage of alcohol content.
- (2) Under the influence - any impairment of one's ability to function normally.
- (3) Trafficking - making alcohol available in any way to someone under the legal drinking age.
- (4) Narcotics and other controlled substances - amphetamines, cocaine, heroin, lysergic acid diethylamide, marijuana, methamphetamine, opium, phencyclidine, and barbituric acid, including phenobarbital and secobarbital. "Controlled substance" also applies to any substance included in Schedules I through V established by the Controlled Substances Act of 1970.

b. Prohibited anabolic steroids include all compounds banned by current Department of the Navy regulations which have not been prescribed by authorized medical personnel.

<u>Offense Code</u>	<u>Delinquency</u>	<u>Level</u>
05.01	Irresponsible drinking.  <u>NOTE:</u> Evidence of Irresponsible Drinking includes, but is not limited to, use of excessive profanity, aggressive and/or disrespectful behavior, excessive stumbling or falling down, vomiting.	Major
05.02	Cancelled.	
05.03	Cancelled.	
05.04	Aiding/abetting an alcohol offense or failure to prevent or act upon an alcohol offense.	Major
05.05	Consumption, possession, or introduction of alcohol within/into Bancroft Hall or aboard ship.	6K
05.06	Providing alcohol to underage persons.	Major

COMDTMIDNINST 1610.2G  
15 Aug 14

<u>Offense Code</u>	<u>Delinquency</u>	<u>Level</u>
05.07	Being under the influence of alcohol in a nature that brings discredit upon the Naval service, outrages public decency, or results in a breach of the peace.	6K
05.08	Consuming alcohol or being under the influence of alcohol while on duty.	6K
05.09	Cancelled.	
05.10	Consumption or possession of alcohol in violation of applicable federal, state, or local law (this includes underage drinking).	Major
05.11	Consumption or possession of alcohol in circumstances prohibited by COMDTMIDNINST 4653.1 or MIDREGS, other than in Bancroft Hall or aboard ship (e.g., drinking as a 4/C Midshipman, drinking while on Movement Order and possession of alcohol in any vehicle associated with a MO to include privately owned vehicles).	Major
05.12	Drunk driving or driving under the influence of alcohol.	6K
05.13	Use, possession, sale, or transfer of illegal drugs.	6K

## Role of ADEO during conduct remediation

COMDTMIDNINST 1610.2G  
15 Aug 14

8.3  
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referrals). Substance abuse screening will be assigned in writing by the Commandant via a conduct probation letter (see TAB I). A copy of each conduct probation letter which directs substance abuse screening shall be given to the ADEO. For further ADEO information see Commandant of Midshipmen Instruction 5350.1C (MIDSHIPMEN ALCOHOL AND DRUG ABUSE PREVENTION AND CONTROL).

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# Alcohol and Drug Abuse Policies



COMDTMIDNINST 5350.2D  
ADDC  
22 Apr 13

## COMMANDANT OF MIDSHIPMEN INSTRUCTION 5350.2D

Subj: BRIGADE ALCOHOL SCREENING USING ALCOHOL DETECTION DEVICE (ADD)

Ref: (a) COMDTMIDNINST 5350.1C

Encl: (1) USNA Alcohol Detection Device User Guide  
(2) Alcohol Detection Screening Log  
(3) Company Monthly ADD Training and Screening Results Memorandum  
(4) United States Naval Academy ADD Test Refusal Form  
(5) Brigade Monthly ADD Training and Screening Results Memorandum

1. Purpose. To educate Midshipman through formal training regarding the prevention of alcohol abuse and encouragement of responsible drinking amongst the Brigade. To establish procedures and responsibilities regarding the administration, operation, and training associated with the use of Alcohol Detection Devices (ADD) in the Brigade.

2. Cancellation. COMDTMIDNINST 5350.2C

3. Background. Alcohol abuse is incompatible with good order and discipline and is detrimental to morale. Irresponsible drinking, underage drinking, drinking while in a duty status and drinking while on Fourth-Class privileges are some of the most prevalent forms of alcohol abuse at the United States Naval Academy (USNA). Alcohol abuse runs counter to the mission of the Naval Academy and undermines one's credibility to lead. The purpose of the ADD program is to encourage responsible drinking within the Brigade of Midshipmen by fostering a culture of education, options, and when appropriate accountability.

#### 4. Policy

a. The use of ADDs will primarily be used to educate Midshipmen throughout the Brigade on the responsible use of alcohol and will not be used solely for administrative conduct action provided they are behaving in a responsible manner, and have not violated any conduct offenses.

b. Policy enforcement will include and be subject to conduct action:

(1) Underage Drinking. Consumption of alcoholic beverages by any Midshipman under the age of 21.

(2) Driving Under the Influence (DUI) of Alcohol. Any Midshipman reported for suspicion of DUI will be screened immediately upon returning to Bancroft.

(3) Drinking in the Hall. Consumption of alcohol while in Bancroft Hall or while in a duty status.

(4) Drinking while on Fourth-Class privileges.

5. Responsibilities

a. Naval Academy ADEO

(1) The Naval Academy ADEO will have oversight as the lead trainer. He/she shall ensure each Company Officer (CO), Senior Enlisted Leader (SEL), Officer of the Watch (OOV), Staff Duty Officer (SDO), Midshipman chain of command, and Company ADEO is familiar with the guidelines set forth in reference (a) in order to provide training and educate Midshipmen within the Brigade. Additionally, the Company Duty Officer (CDO) may conduct training under the supervision of the CO/SEL. Enclosure (1) provides guidance for the general administration of alcohol testing.

(2) The Naval Academy ADEO shall coordinate with the Brigade ADDC to conduct quarterly audits to monitor and maintain the integrity of the ADD program. Quarterly audit reports, to include feedback and any areas for improvement, shall be submitted to the Deputy Commandant.

b. Brigade ADDC

(1) An SEL will be assigned the collateral duty of Brigade ADDC and coordinate the use of ADDs in the Brigade. The Brigade ADDC is responsible for the administration of the alcohol-testing program and maintenance of the ADDs' chain of custody and calibration.

(2) The Brigade ADDC shall submit monthly reports to the Deputy Commandant via the Naval Academy ADEO and Brigade LCPO.

c. Battalion Officers. Battalion Officers shall ensure their Battalion performs random testing for alcohol using the ADD on predetermined evenings. Each Battalion will conduct a minimum of two tests per month during the academic year.

1. Battalion LCPOs

(1) Battalion LCPOs shall generate a random testing schedule on days set forth in this instruction to ensure the minimum required tests are conducted within their Battalion.

(2) Upon the completion of each test, they shall submit company training and screening memorandum and alcohol detection log sheets to the Brigade ADDC.

e. Test Administrators. The primary ADD Test Administrator for each company shall be the CO, SEL, OOV, or SDO.

6. Random Alcohol Testing

a. Brigade Alcohol Testing

(1) Alcohol detection testing is mandatory for all Midshipmen that are present in Bancroft Hall or required to sign in on the TAPS muster sheet. This includes all Midshipmen who are on weekend liberty or on movement order status and are remaining within Bancroft Hall for the night.

(2) A BAC result of less than 0.020 shall be considered a negative result. A negative result does not mean Midshipmen cannot be adjudicated

based on other evidence, i.e., admitting to drinking, witnessed drinking, etc.

b. **Battalion Alcohol Testing.** The CO and/or SEL will typically administer alcohol testing on Thursdays (only when alcohol is authorized), Fridays, Saturdays, and Sundays (only when Midshipmen are authorized liberty on Monday). Tests will normally be conducted between the hours of 2200 and 0100. Tests will be documented using enclosure (2). Upon completion of the test, the CO/SEL will draft a memo (see enclosure (3)) documenting the test and training conducted and submit both enclosures (2) and (3) to the Battalion LCPO. The CDO and Company ADEO, if available, will be present to conduct training and assist with the documentation of the test under the supervision of the CO/SEL.

c. **OOW and SDO Alcohol Testing.** A minimum of two tests per month, as scheduled by the Brigade ADDC, will normally be conducted between the hours of 2200 and 0100 by the OOW and/or SDO. Tests will be documented using enclosure (2). Upon completion of the test, the OOW and/or SDO will draft a memo (see enclosure (3)) documenting the test and training conducted and submit both enclosures (2) and (3) to the Brigade ADDC. The CDO and Company ADEO if available will be present to conduct training and assist with the documentation of tests, under the supervision of the OOW or SDO.

1. **Company ADEO and CDO.** The Company ADEO shall conduct formal training on the responsible use of alcohol and policies set forth in accordance with reference (a). Training can be conducted prior to the commencement of tests, during, or after completion. In the absence of the ADEO, the Company CDO may conduct the training with the supervision of the CO/SEL.

#### 7. Administration

a. The Brigade ADDC possesses and maintains accountability of assigned ADDs. Each company will be assigned an ADD. The Battalion LCPO will ensure that a second ADD with sufficient mouthpieces is made available during each testing period. The Brigade ADDC will be responsible for calibration of all devices and will take appropriate actions to correct all errors or other malfunctions occurring with the ADDs.

b. All personnel who are authorized to administer ADD testing shall be trained by the Brigade ADDC. The Brigade ADDC shall maintain a record of training conducted. Enclosure (1) will be utilized by the ADDC while conducting training and used as a resource as questions arise.

c. All testing shall be documented using enclosure (2). Page seven of enclosure (1) provides specific guidance on the mandatory entries for each test.

d. Each CO, SEL, OOW, or SDO shall submit a memorandum which documents the test/training conducted. The format found in enclosure (3) shall be used.

e. Enclosure (4) should be utilized when a Midshipman refuses to be tested. Midshipmen who refuse the test and complete the refusal form are subject to disciplinary actions under Conduct System Article 02.02 - Direct or intentional violation of oral or written orders addressed to an individual or group.

f. Each month the Brigade ADDC will report alcohol detection screening results using enclosure (5) to the Deputy Commandant via the Naval Academy ADEO and the Brigade LCPO.

8. **Review Responsibility.** The ADDC is responsible for the annual review of this instruction.

  
R. E. CLARK II

Distribution:  
Non-Mids (Electronically)

# MIDREGS Policy on Alcohol and Drugs

INST 5400.6R

1

## 4.3 CONTROLL

### 1. Regarding

a. Midshipmen will use alcohol responsibly and abide by all federal, state, and local laws. Midshipmen of legal drinking age (21) may:

(1) If an upper-class, consume alcohol at the Officers and Faculty Club, at the Firstie Club (1/C only), or as a guest at a staff or faculty residence.

(2) If an upper-class, purchase and consume alcoholic beverages as permitted under federal, state, and local laws.

(3) If a 4/C, consume alcohol when in an authorized leave status and not residing in Bancroft Hall.

### b. Midshipmen will not:

(1) Provide alcohol to a 4/C Midshipman or any Midshipmen under the legal drinking age.

(2) Report to a military obligation under the influence of alcohol.

(3) Consume alcohol while on duty or on watch.

(4) Consume alcohol less than 12 hours prior to assuming duty or attending mandatory brigade events. Midshipmen must be free from the effects of alcohol prior to commencing a duty status.

(5) Consume alcohol on board the Naval Academy complex except as noted above in sec 4.3.1a(1).

(6) Consume alcohol at any USNA sponsored event except with the Commandant's written permission or, per section 2.2.2c(8), the Battalion Officer's permission.

(7) Engage in irresponsible drinking, which includes but not limited to use of excessive profanity, aggressive and/or disrespectful behavior, excessive stumbling or falling down, and/or vomiting.

2. Regarding the use of drugs and narcotics:

a. The unauthorized use, possession, or willful involvement with drugs, narcotics, marijuana, or steroids constitutes a serious breach of discipline. Any of these offenses will result in mandatory processing for separation from the Naval Academy and could result in subsequent action by appropriate civilian authority. Midshipmen may not:

(1) Possess, abuse, or distribute drugs or drug-abuse paraphernalia, to include using a hookah on the yard.

(2) Use or possess narcotics, steroids, or controlled substances except as prescribed by a competent medical authority of the U.S. armed forces.

(3) Use or possess any prescription drug after the time period for which it was prescribed.

(4) Use medicine prescribed for another individual.

b. If anyone other than a physician assigned to Brigade Medical prescribes medicine to a Midshipman at any time, the Midshipman shall report the prescription to the Brigade Medical Officer as soon as possible.

3. Regarding the use of tobacco products:

a. Midshipmen may only smoke in designated smoking areas while on the Naval Academy complex. The only authorized areas for Midshipmen to smoke are:

(1) Designated smoking area (benches and butt can) behind Bancroft Hall Seventh Wing.

(2) Designated smoking area (bench and butt can) behind Bancroft Hall Eighth Wing.

(3) Designated smoking area (bench and butt can) behind the Levy Center.

(4) Designated smoking stations adjacent to Michelson and Chauvenet Halls (along Ingram track).

b. Midshipmen will not smoke in other (staff) designated smoking areas on the Yard, including:

(1) Luce Hall Loading Dock (Wesley Brown Field House side).

(2) Dahlgren Hall Loading Dock (behind Dry Dock).

(3) Any Bancroft Hall Loading Dock.

(4) Red brick or "courtyard" areas surrounding King Hall between Bancroft Hall Wings 3/5 and 4/6.

c. Midshipmen may not chew tobacco in uniform.

## **Screening Form Guidance**

*Screening forms are used to assess if a Midshipman with is at risk for having an alcohol abuse or alcohol dependence issue. They can be handwritten.*

### **Three reasons why a Midshipman will be screened**

- *(bulleted information is specific to how the screening form will be filled out):*

**Self-Referral:** This is when a midshipman comes forward on their own to ask for a screening and to get help for a problem they think they might have regarding alcohol.

- Company Officer/SEL comments and input is optional and description of the incident is whatever is concerning the midshipmen about their issue.

**Command Referral:** This is when the midshipmen may not be asking for help, but his peers and leaders think he/she is in need of help for a possible alcohol abuse/dependence issue.

- The description of the incident is what the command has seen in order to recognize the midshipman as possibly having an issue.

**Incident Referral:** The screening process is mandated for EVERYONE in the Navy who incurs an Alcohol Related Incident (ARI). Even if conduct offense has been dropped, a screening may still occur.

- The form will be filled out as is. The conduct process will be independent from the screening process.

### **Screening Appointment**

A screening appointment with the alcohol counselor will be scheduled by LT Jensen once the screening form has been completed by the respective midshipmen and handed to her personally. It is held at Hospital Point and will most likely not interfere with class time (if it does it is higher on the table of priorities).

The counselor will review all paperwork and conduct a medical screening and assessment. He will have the midshipmen fill out a questionnaire, then talk one on one. He is very easy to talk with and is open to any questions or concerns. Midshipmen are two steps removed from the conduct system during the screening so honesty is not only encouraged but expected to make sure proper diagnosis and possible help options are assessed. There are three possible diagnosis and five possible treatment recommendations that can occur from this screening.



### **Three types of Diagnosis:**

- No Diagnosis
- Alcohol Abuse
- Alcohol Dependence

The vast majority of diagnosis at USNA is "No Diagnosis" (90%). Nothing follows a midshipman after USNA unless there is a diagnosis; even then it is ONLY in the medical record. This is because treatment occurs at a medical treatment center and is therefore documented in the medical record.

### **Treatment Recommendations:**

There are five possible treatment recommendations:

- ***Return to full duty-*** With or without command intervention. This treatment recommendation encompasses about 80% of the results at USNA.
- ***IMPACT training-*** This is clinical intervention, but not treatment. About 10% of screenings result in this recommendation. SARP (Substance Abuse Rehabilitation Program) meets one on one with the midshipmen for four to six one hour long sessions.
- ***Level 1 (Outpatient)*** - Focus of training is responsible use and healthy lifestyles.
- ***Level 2 (Intensive Outpatient)*** - Focus of training is abstinence from alcohol. Similar to level 2, but patient resides at a facility in a dorm-type setting as opposed to down the street at the BOQ.

If level of treatment is recommended, the SARP Department Head (psychologist) will also meet with the midshipman to verify the recommendation. This acts as a checks and balances system.

***\*\*\*If there is no clinical recommendation, two GMT sessions must be attended within 30 days of the screening.*** GMT's Part 1 is held on Tuesday and Part 2 is held on Thursday at 1230 until 1315 in the Mitcher/Laboon/Levy Center. This evolution will be assigned at the conduct adjudication. \*\*\*

### **Continuing /Aftercare**

After completion of treatment, an individual has both continuing care and after care. Continuing care is the clinical follow up to see what the midshipman learned at treatment and help to apply it to real life. After Care is the chain of command follow up. For one year after treatment, the midshipman is in high visibility and any alcohol problem during the first year constitutes a treatment failure and separation.

### **Commission/Service Selection issues**

USNA will not separate based on an alcohol diagnosis. IF a separation happens, it will be based on the conduct offense or because of treatment failure (referenced in "continuing care" above). USNA is the only commissioning source that will allow a patient to stay if a dependence diagnosis is reached. It is not a limitation on service selection, but the service member may have to sign a waiver stating that they will not drink.

### **Aviation**

For Aviation, a waiver is required for ANY medical diagnosis. A waiver may be required for any community with a dependence diagnosis.

### **Privacy and Honesty**

Privacy of any midshipman is closely guarded by the SARP (Substance Abuse Rehabilitation Program), the chain of command, and the ADEO staff. The Commandant's ADEO only receives minimal information from the SARP after the screening. This includes: Tardiness (if any), cooperation and honesty, of client, diagnosis and treatment recommendations (if any). They will only forward the diagnosis and treatment recommendation (only for incident referrals) to the conduct officer. The midshipman should be as OPEN and Honest as possible. SARP is highly experienced, very fair, and has the upmost concern for the client's wellbeing. If there are any questions by the client, ADOE, COC, etc. during the screening process they are more than welcome to ask the SARP.

\*ADEO: x3 (b)

\*SARP x3 (b)

## Chits

It is the ADEOs responsibility to know **where** alcohol chits are supposed to go, **how** they are to be **filled out**, and be able to **provide** them to the party that needs them.

**\*\*While many alcohol chits are started at the company ADEO level, there are other events and ECA's without and ADEO representative that also require alcohol chits. It is up to the ADEO to make sure that their respective company/battalion is informed of their knowledge of this process and team captains, ECA presidents, etc, will get their alcohol chits from their company ADEO. The company ADEOs will also be the resource for these people to know how to properly fill out an alcohol chit. A sample chit is attached and should be used as reference for what is needed in each section of a chit.**

### *Quick Tips for Alcohol Chits:*

- Tailgate chits at **Navy Marine Corps Stadium** are considered **on the yard** so they are only routed up to the **Battalion Officer**.

- If a home game is at **another stadium**, but there are still requests to **tailgate**, it is considered off the yard and it goes up to the **commandant**.

- The **SQPR/CPR** of whoever is sending up the chit is **required**, but there is no reason why it would affect the fate of the chit.

- You are responsible for providing a means to **identify** the midshipman **over 21** during events. If you choose to use **wristbands** I have a stash in my room ((b)). Just email the approximate number you will need and **I can easily get them to you**.

- The ADEO is **not expected** to be at the tailgate the entire time (although please feel free to stay if you wish). You are, however, the **one ultimately responsible for the alcohol** as well as routing up the chit. You can delegate work to the wardroom officer as needed. Someone will need to be **watching the alcohol consumption** at the tailgate (everyone is of age and not drinking in excess). The delegation option, however, may not be something your company officer/battalion officer would approve of, so it is important that you also check with them first before allowing someone to assume your responsibilities. Ultimately, if an issue arises, it is **your responsibility**.

# Chit format information (templates found on ADEO Google Drive folder)

SPECIAL REQUEST (Use ballpoint pen or type)				
To: CAPT W. Byrne, USN, Commandant of Midshipmen		From: _____		Alpha Number _____
Via: Chain-of-Command		Class Year _____	Company _____	Room Number _____ Rank _____
REF (a) COMDTMIDNINST 5350		SQPR _____	COPR _____	Perf. Grade _____ Conduct Grade _____
I respectfully Request (Type): _____ (Specify)				
MO: _____ Dining Out: _____ Co/Batt function: _____ Other: Alcohol Chit _____				
Address (Care of): _____ (Street, P.O. Box, Apt.) _____ (City) _____ (State) _____ (Zip Code) _____ (Phone) _____				
Remarks or Reasons (If "DINING OUT," state with whom and relationship; "OTHER," explain)				
I respectfully request to have alcohol present for the _____				
<ul style="list-style-type: none"> <li>* Alcohol responsibility training completed for all MIDN attending on _____ with refresher training immediately prior to event.</li> <li>* The plan to identify and label MIDN of legal drinking age is _____. Plebes will not be permitted to drink regardless of age.</li> <li>* The Buddy Policy will be effect. Group size will be no less than three, with one designated non-drinker in the group.</li> <li>* Alcohol consumption will be beer and wine only. Each MIDN will drink responsibly and not cause any discredit on themselves, the team/ECA, or the institution.</li> <li>* Keg(s) present at event. YES/NO <input checked="" type="checkbox"/> yes: <ul style="list-style-type: none"> <li>* Event is in Midshipman Activity Center. Kegs are required by facility. YES/NO</li> <li>* At least 75 persons per keg will be present IAW COMNDINST 5350.16. Event not in MAC. YES/NO</li> </ul> </li> <li>* Alcohol-free Duty Section is identified. <ul style="list-style-type: none"> <li>* Plan for situation when someone consumes too much alcohol is _____</li> <li>* Plan for safe transportation is _____</li> <li>* Midshipmen in charge of duty section is: MIDN 1/C _____</li> </ul> </li> <li>* The next military obligation for anybody attending is _____</li> <li>* Officers/SEs from CoC present are: _____</li> </ul>				
Signature (Midshipman)		Date	Beginning (Time & Date)	Ending (Time & Date)
CHAIN-OF-COMMAND	DATE	CoC'S INITIALS RECOMMEND YES	CoC'S INITIALS RECOMMEND NO	Chain-of-Command Comments:
Brigade ADEO				
Team Captain/ECA Pres				
Coach / Team O-Rep				
	DATE	APPROVED	DISAPPROVED	
ADEO LT (b) USN				
	DATE	APPROVED	DISAPPROVED	
Deputy Commandant				
Col B (b) USMC				
Commandant				
CAPT W. Byrne, USN				

## Weekly ADEO Responsibilities

### Weekly checklist:

	<b>Screenings</b>	<b>Chits</b>	<b>Briefs</b>
<b>Monday</b>	Check for new ARIs from the weekend and <b>start the screening form process ASAP</b> . New ARIs will be passed to the repective batallion ADEOs and on to the company ADEOs. Check the status of screening forms that have yet to be competed and make sure they are being sent to the proper recipients	Now is the time to start filling in the chits for any upcoming events. Make sure anyone who is part of an ECA or Club that want to route an alcohol chit is aware of the template they need to use and knows the proper way to fill in the chit.	Start researching information to pass to the company for the end of the week ADEO brief
<b>Tuesday</b>	Keep checking the status of pending forms.	Make sure chits are being filed in properly.	Continue research for Friday's brief.
<b>Wednesday</b>	Same as above	Same as above	Same as above
<b>Thursday</b>	Same as above	Same as above	Same as above
<b>Friday</b>	Screenings forms should not take longer than a week to fill in. Today is the day to make sure they make it to LT (b) (6) desk. Log the status of all pending forms in the ADEO screening form tracker for your batallion.	If a tailgate or event including alcohol is happening, make sure the alcohol chits got the proper approvals.	Deliver the weekly ADEO brief. <b>Log what was discussed in the ADEO brief tracker for your batallion.</b> Make sure everyone has shipmate's number as well as the cell number of the people in their COC.

## Outline of duties and procedures:

The goal of the ADEO staff is to be the resource for everything alcohol and drug related. This includes:

- Alcohol Chits
- Weekly Alcohol and Drug Training
- Knowledge source for alcohol dependence, AA hotlines, and screening procedures.
- Know about all ARIs and perform the proper screening procedures.

\*It is your job to know the information that people will be asking for, and they should know to come to you for alcohol and drug related information. If you do not know something you can ask the next ADEO in your COC, and get the information. Ultimately people should be going to you for any alcohol or drug related needs.

**Numbers and Hotlines:**

**SAPR victim advocate: 443-336-2637**

**Duty Chaplain: 443-871-2339**

**MDC: 410-293-4897**

**Main Office: 410-293-5001/2**

**Duty Doc: 410-293-2273**

**Shipmate Van: 410-320-5961**

**Shore Patrol: 443-926-3787**

**Alcoholics Anonymous POC**

(b) (6)

(b)  
(i)  
(b)

(b) (6)

\*\*\*He comes to USNA on a weekly basis for this, no need to ask to leave or get permission to miss class. \*\*\*

The following is the Brigade Alcohol Education Program “as is” and the subsequent section is “where we are going.”

#### As Is:

The current program is in accordance with COMDTMIDNINST 5350.1C, which establishes an Alcohol and Drug Education Officer (ADEO) and corresponding responsibilities for all members of the Commandant's Cost Center. In summary, the aim of the instruction is two-fold, with training targeted for those Midshipmen (MIDN) that are not 21 and those MIDN 21 and older. This instruction is in full compliance with higher directives and is supported by other initiatives within the Brigade.

1) For those under 21, alcohol awareness training is provided at August and January reform and consists of a mass brief by the ADEO. Throughout both semesters, Company Officers (Cos) and Senior Enlisted Leaders (SELs) provide case study specific vignettes tailored to events that have taken place as it relates to underage consumption or possession of alcohol. Of note, there is a robust lessons learned folder available to all on the USNA Intranet in the form of XYZ cases. These include assessment from the adjudicating authority as well as the MIDN in violation of the Conduct System.

2) For those over 21, there are two additional trainings offered, known as 21st Birthday Training and Midnight Teachable Moments.

a. **21st Birthday Training** – This training was on a voluntary sign up basis. Any upper class MIDN (1/C through 3/C) that have turned, or are turning 21 prior to the scheduled training may sign up and attend this training where alcohol (beer and wine) is served in controlled quantities and a facilitator reviews case studies and relevant facts on the effects of consumption on the individual. At the end of the event, MIDN are administered breathalyzer tests to educate them on the specific effects on them based on the controlled consumption. This training was recently discontinued based on MIDN feedback and desire to expend resources toward Midnight Teachable Moments and other efforts.

b. **Midnight Teachable Moments (MTM)** – This training is done at the Company level and scenario/vignette based. At the discretion of the CO, this training can be for all MIDN, or a subset of those within the Company that are 21 not including Plebes. Controlled quantities of alcohol are served to those MIDN that are 21, and the CO facilitates a discussion about responsible alcohol use utilizing current and former XYZ cases to illustrate how and when plans for responsible use were non-existent or broke down. At the conclusion of training, breathalyzers are offered to MIDN that consumed alcohol for educational purposes. This training was recently endorsed by the Alcohol Working Group and recommended to occur more frequently (currently every other year per Company due to budget constraints).

c. Other supporting initiatives include the **Shipmate Program**, which provides a duty vehicle and duty driver on days where town liberty is authorized. This initiative significantly mitigates the potential for Driving Under the Influence (DUI) and is used routinely by the MIDN. Shore Patrol also augments our program, providing a visible presence of uniformed personnel in Downtown Annapolis (DTA) during periods of town and weekend liberty to remind MIDN of who they are and to intervene when poor decision making or irresponsible use is evident.

#### Where We Are Going

1) **Short Term** – The Commandant reinvigorated the **Alcohol Working Group (AWG)** in the fall of AY17, assigning a Battalion Officer (BATTO) to lead the facilitation of Brigade input directly from Midshipmen. The AWG was tasked with reviewing our current policies and procedures for ensuring responsible use of alcohol by of-age MIDN.

a. The AWG determined that **21st Birthday Training** was ineffective at curbing abuse of alcohol. This was based on the fact that it was a voluntary program and that MIDN who have a history of alcohol abuse or have shown poor decision making typically do not volunteer for this training. It was determined that resources for this training would be better utilized for other in place initiatives.

b. The AWG recommended **increasing the frequency of MTM** to ensure that every Company had the opportunity to conduct this training every academic year. It was also recommended that all companies consider making this training available to the widest audience possible while ensuring only of-age MIDN are consuming alcohol. This would blend the training to include those approaching the legal age. This proposal was approved by the Commandant.



c. The AWG recommended that more frequent and timely updates on conduct violations occur via condensed versions of XYZ cases that would mimic Plan of the Day notices in the Fleet concerning Non Judicial Punishment. This would help the Brigade ascertain more readily the frequency of alcohol related incidents. This proposal was approved by the Commandant.

d. The AWG recommended that we resume random breathalyzer tests at Gate 1 during weekend and town liberty periods. The purpose of these tests would be purely educational, so that more MIDN would have a sense of their blood alcohol content (BAC) based on their individual consumption. This proposal was approved by the Commandant.

e. Alcohol awareness week just concluded. This week is specifically targeted prior to Spring Break to ensure the information passed at both reform periods is fresh in every MIDN's mind prior to heading out on Spring Break. This week included a speaker, this year Street Smart, that focused on the results of poor decision making and the long term impact and tragedy that can accompany irresponsible use.

f. Firstie Club is an opportunity during the week (Thursday's) for 1/C MIDN to gather at the Naval Academy Club and be served by trained bartenders. During the fall semester, this was well attended and self-policed by 1/C MIDN. The spring semester sees diminished attendance with the instantiation of Tuesday and Thursday town liberty for 1/C MIDN.

g. Tailgating at USNA sporting events has been broadened to include opportunities beyond the fall football season. The Commandant has reviewed and will soon sign an instruction that will govern the policy and procedures to ensure the safe and responsible execution of these events under appropriate supervision.

## 2) Medium Term

a. The AWG is generating a proposal for the implementation of a MIDN bar in the Midshipman Activity Center (MAC) in Dahlgren Hall. This proposal is envisioned to be phased as a "crawl, walk, run" plan, where the concepts will be put in place on a limited basis to begin with, and eventually reach a steady-state operating condition within the next two academic years. The basis for this proposal was derived from feedback from the Service Academy Exchange Program, where both USMA and USAFA have similar facilities on base.

b. Comprehensive review of the alcohol education plan and the development of a continuum of education that will deliver targeted messages at various points of the academic year to each class. Learning objective and training material will be developed so that this can be delivered at the Company level by a variety of personnel to include CO, SEL and MIDN staff and strippers. This review is ongoing and targeted to be complete with a draft vision by the end of this academic year.

c. Coordination and collaboration with the SHAPE program. An initial meeting was conducted with the Brigade ADEO and the SHAPE Director to better understand the overlapping training objectives of both programs. The review and development of the continuum of alcohol education was largely based on this meeting. The vision is that our alcohol education would emulate the product delivered over 4 years within the SHAPE program.

## 3) Long Term

a. Completion and delivery of a comprehensive four year alcohol education program that fits within the academic year calendar, collaborates with and reinforces the SHAPE program through coordinated messages that stress responsible use only by those of age.

## ADD Policy Update:

### Scheduled Alcohol Testing

#### a. Brigade Alcohol Testing

(1) All 1/C and 2/C Midshipmen that are on weekend duty status are eligible for random weekend duty section ADD testing. This includes duty drivers, CDOs, BOOWs, RMOOWs, CMOOWs, and MOOWs.

(2) A BAC result of less than 0.02 shall be considered a negative result. A negative result does not mean Midshipmen cannot be adjudicated in accordance with COMDTMIDNINST 5350.2D based on other evidence, i.e., admitting to drinking, witnessed drinking, etc.

(3) Tests will be held every weekend (Friday, Saturday, Sunday, and Monday morning of 3 day weekends) at the 0630 CDO muster. The testing will be conducted by the OOW and/or SDO. Each position is assigned a number (list of number assignments is attached). An envelope from the ADD coordinator containing 8 randomized numbers for each day (8 for Friday, 8 for Saturday, etc.) will be distributed to the OOW/SDO Thursday evening. The numbers contained in this envelope are the watch standers that will be breathalyzed on their respective mornings.

(4) A positive result will result in the inability for that Midshipman to assume the watch he or she was scheduled for that day. Any midshipman who tests positive will remain in Main Office until they are deemed fit for duty. They will then resume their watch standing responsibilities.

- a) If the initial positive result is above 0.02 the Midshipman should be retested after a 20 minute waiting period to allow the effect of mouthwash, breath mints, gum, or breath sprays that may produce a detectable indicator of alcohol to be clear. If the second test is negative ( $<0.02$  percent BAC), then the midshipman is deemed fit for duty.
- b) A Midshipman whose ADD-indicated reading is 0.04 percent BAC or greater shall be presumed to be not ready to safely perform duties. The previous watch stander will remain on duty until properly relieved (i.e. the Company CDO will remain on watch until their relief is deemed fit for duty).
- c) After the initial positive result that was above 0.04, the midshipman will be tested every hour by the OOW/SDO until they have a negative result.
- d) Duty drivers will not be deemed fit for duty until their reading is less than 0.02 percent BAC.

(5) The midshipman who tested positive during their test will be required to report to the Commandant's ADEO the first working day following their duty weekend. Both the Midshipman's Company Officer as well as the Commandant's ADEO will be informed of the midshipman's positive result as soon as practical by the OOW/SDO.

Position		Assigned number
1st	Company CDO	36
2nd	Company CDO	37
3rd	Company CDO	35
4th	Company CDO	2
5th	Company CDO	1
6th	Company CDO	3
7th	Company CDO	4
8th	Company CDO	38
9th	Company CDO	23
10th	Company CDO	5
11th	Company CDO	6
12th	Company CDO	7
13th	Company CDO	8
14th	Company CDO	9
15th	Company CDO	22
16th	Company CDO	24
17th	Company CDO	21
18th	Company CDO	20
19th	Company CDO	10
20th	Company CDO	19
21st	Company CDO	25
22nd	Company CDO	34
23rd	Company CDO	11
24th	Company CDO	18
25th	Company CDO	26
26th	Company CDO	17
27th	Company CDO	27
28th	Company CDO	32
29th	Company CDO	16
30th	Company CDO	30
Duty Driver	1 (on the check in list)	12
Duty Driver	2 (on the check in list)	28
Duty Driver	3 (on the check in list)	13
Duty Driver	4 (on the check in list)	29
RMOOW	with first RMOOW watch	31
RMOOW	with second RMOOW watch	33
CMOOW		14
MOOW		15



## SUMMER 2016 ADEO/CMEO

Alcohol and Drug Education Officer/  
Command Managed Equal Opportunity

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LT

(b) (6)



## Navy Drug Policy



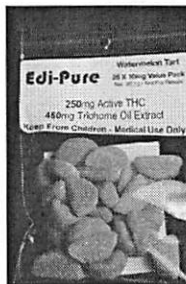
- **ZERO TOLERANCE!**
- Illegal drug use or improper use of legal drugs WILL result in separation
  - Includes abuse of prescriptions, over the counter medicines, synthetic drugs, and designer drugs (spice)
  - Drug abuse is any substance used for the sole purpose of getting high (huffing nitrous oxide, aerosol, paint, cough syrup, ect.)
  - Random urinalysis testing throughout the year
  - Know what you are ingesting (supplements, hemp products, steroids, snacks at a party)...Ask medical personnel if in question





## What if marijuana is legal in my state?

- NO! It is illegal for service members to use illegal drugs or abuse legal drugs
- Be careful at parties and friend's houses and on leave
- You will be processed for separation!



## Alcohol Use

- 4/C Midshipmen are not allowed to consume alcohol
  - Not on Movement Orders or liberty
  - No alcohol in the Hall
  - Only exception is over 21, on leave status, and not residing in Bancroft Hall





## Wingman Philosophy

- Shipmates take responsible care of shipmates
- All Midshipmen must take positive steps to ensure shipmates do not abuse alcohol
- Personal responsibility means no drinking and driving, no drinking alcohol to the extent that it impairs judgment, no public drunkenness



## Referrals to Alcohol Screening

- Any Midshipmen, regardless of age or class can self-refer for an alcohol problem (Self-Referral)
  - Non-punitive, will receive assistance and treatment as needed
- Any Midshipmen who commits an alcohol related offense and then admits to having an alcohol problem will incur the conduct consequences and will also receive assistance and treatment as needed (Incident Referral)
- Command referral for alcohol screening: Command concern over alcohol abuse
  - Non-punitive, will receive assistance and treatment as needed



## Question

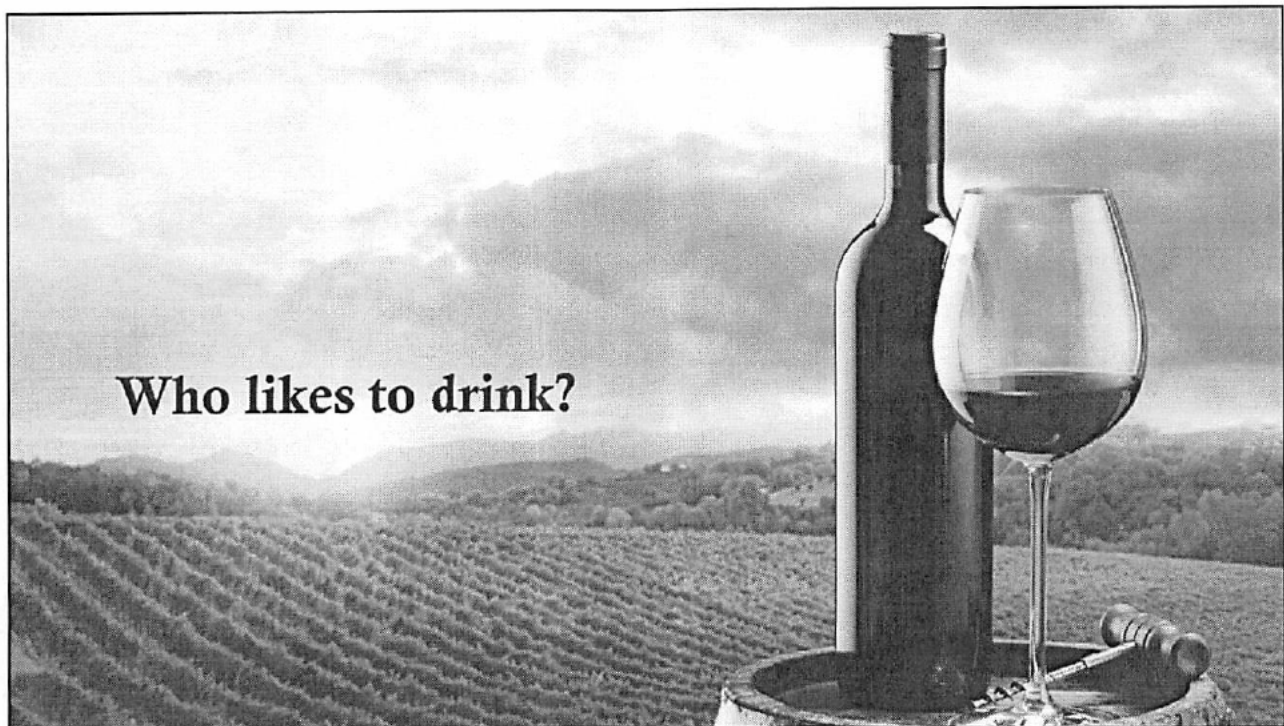
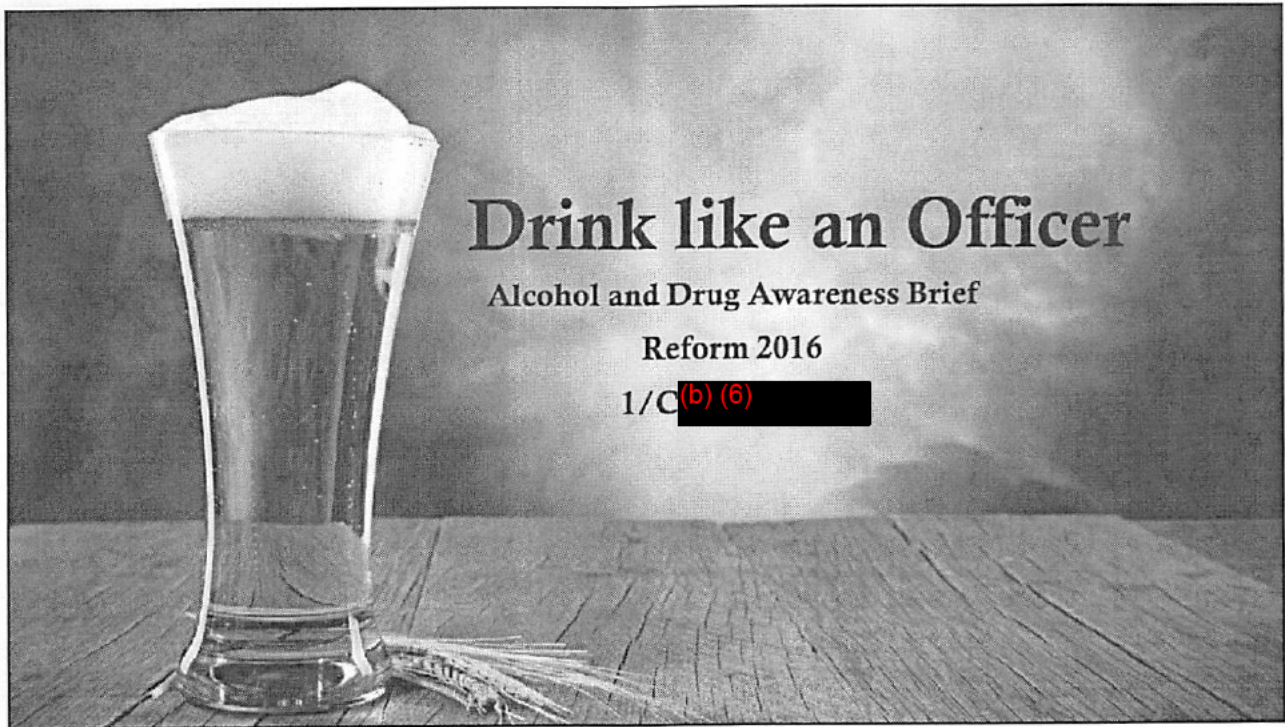
- Will an under 21 Midshipmen be put into the conduct system for self-referral for a problem with alcohol?
- No, self-referrals are non-punitive and under-age drinking will not be punished.
- Will a 21 year old 4/C MIDN be punished for self-referral for help with an alcohol problem?
- No, self-referrals are non-punitive and drinking while a 4/C will not be punished.



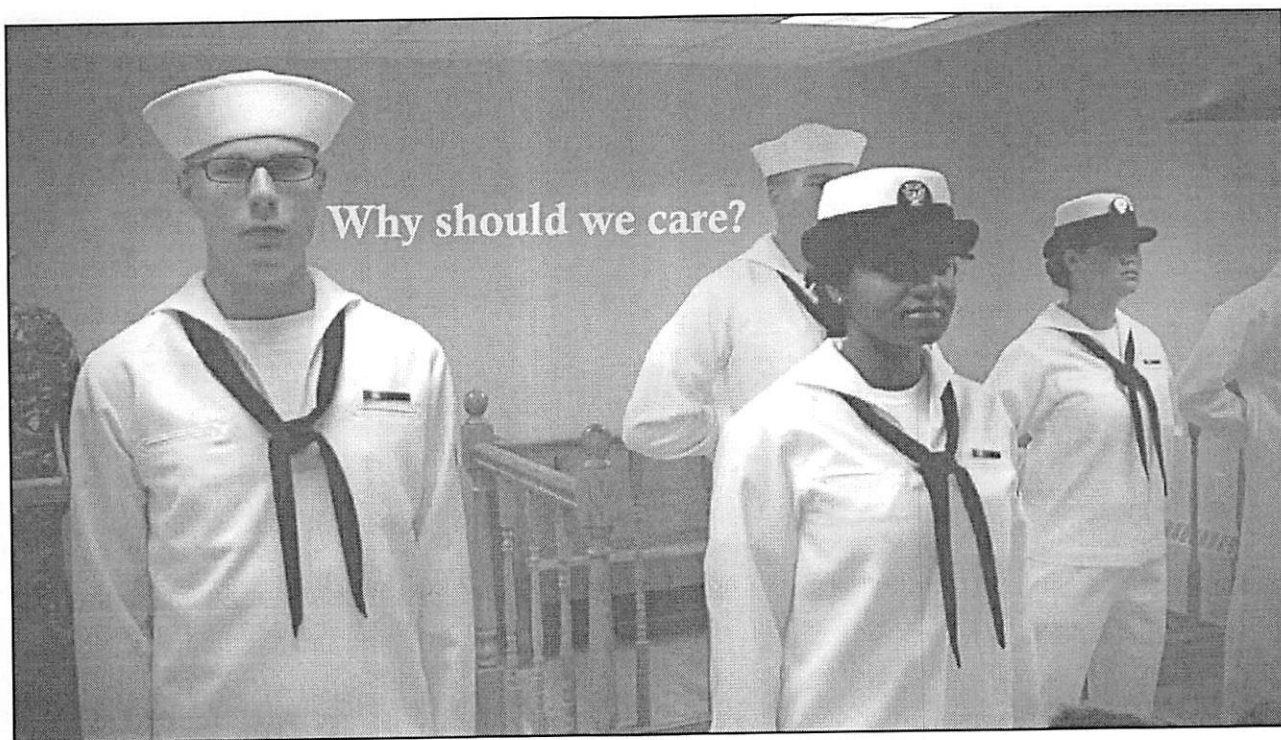
## Resources

- Battalion ADEO
- Midshipmen Development Center (MDC)
- Company Officer, SEL, Battalion Officer
- Chaplains
- SARP Counselor (hospital pt)
  - (b) (6)
  - [REDACTED]
- Medical
- Alcoholics Anonymous - POC is (b) (6)
  - (b) (6)(b) (6)
  - Meeting every Sunday in Laboon Center @1400









## Navy's Drug Policy

### ZERO TOLERANCE

- ◆ This includes illegal drugs.
- ◆ It also includes legal drugs inappropriately used – do not take prescriptions that are not prescribed to you.
- ◆ Last year two Midshipmen were separated due to drug violations.

Zero  
Tolerance

## True or False?

- ◆ When you are involved in an alcohol incident, it automatically is included in your permanent medical record.

## TRUE

- ◆ ANYONE involved in an alcohol incident is sent to see a SARP counselor on Hospital Point, and this is included in your permanent medical record.
- ◆ SARP = Substance Abuse Rehabilitation Program Counselor
- ◆ Incidents include:
  - ◆ Underage Drinking
  - ◆ Risky/Abusive/Excessive Drinking
  - ◆ DUI
  - ◆ Anything involving civilian or DOD police
  - ◆ Drinking in Duty Status/Possession inside Bancroft Hall
  - ◆ Anything with alcohol as a contributing factor

## True or False?

- ◆ If you feel that you may be experiencing an alcohol problem, you may self-refer to the SARP counselor. This will automatically be recorded in your permanent medical record.

## IT DEPENDS.

- ◆ If there is no diagnosis or need for treatment, this visit **WILL NOT BE RECORDED**.
- ◆ If you are diagnosed and a need for treatment is determined, then yes, it will be recorded. **HOWEVER** this is the desired method for referral.
  - ◆ Reflects personal responsibility, which will later be looked upon favorably.
  - ◆ The Navy will ensure you receive the treatment you need.
  - ◆ This has been shown to prevent more harmful alcohol-related incidents in the future.
  - ◆ Many military members, including USNA graduates, have received treatment and gone on to very successful military careers.
- ◆ You may receive a non-punitive command referral if your chain of command believes you have a problem using alcohol. This process is the same as a self-referral.



## Drug and Alcohol Program Advisor

(b) (6)

(b) (6)

(b) (6)

1<sup>st</sup> – Senior Chief (b) (6)

2<sup>nd</sup> – Chief (b) (6)

3<sup>rd</sup> – Senior Chief (b) (6)

(b) (6)

(b) (6)

4<sup>th</sup> – Chief (b) (6)

5<sup>th</sup> – Senior Chief (b) (6)

6<sup>th</sup> – Chief (b) (6)

## Shipmate

# 410 - 320 - 5961







## Guardian Angel Training Brief

Brigade ADEO: (b) (6)  
Brigade Safety Officer: (b) (6)  
Brigade SAPR: (b) (6)



1



## Mission Statement

*On Saturday, 14 April 2018, many Midshipmen from the Brigade will attend the Croquet Match vs. St. John's College. In an effort to prevent Alcohol Related Incidents and conduct offenses, there will be many sober "Guardian Angels" present. Their job will be to discreetly and swiftly take overly-intoxicated Midshipmen back to the Hall. This will be the first large-scale testing of the Guardian Angel Program in anticipation of it becoming a part of the usual weekend watch.*



## Commander's Intent

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- Prevent ARI's and conduct offenses in a "for us, by us" manner
- Midshipmen taking care of each-other while protecting what we've earned
- Practice being watchful and professional while not in uniform and during social events



## What is on the line?

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- ARIs could potentially lead to separation
- Loss of billet
- Restriction
- Delayed graduation
- Potential loss of Service Assignment
- Potential loss of Commission



## Alcohol Education Objectives

- ✓ Provide factual data about alcohol misuse, impacts both positively and negatively physically, mentally and towards social health.
- ✓ A Life Skill event that introduces proper ways to drink by focusing on eating first then drinking one type of alcohol only
- ✓ Debunk the myth that alcohol use reduces stress
- ✓ Define "Binge Drinking" and highlight the dangers associated with Binge Drinking (Sexual assault, poisoning, vandalism, violence, irresponsible behaviors and actions such as DUI)
- ✓ Know unattended drinks can be tempered with and how to protect drinks
- ✓ Establish Watch to act as Guardian Angels.



## By the Numbers

- Binge drinking
  - 5 drinks in 2 hours for men
  - 4 in 2 hours for women
- The height of "euphoria" is a BAC of 0.06
- Anything higher results in loss of cognitive function to include motor skills, decision making ability, and short-term memory
- Fit for duty is below 0.04
- No drinking 12 hours before duty

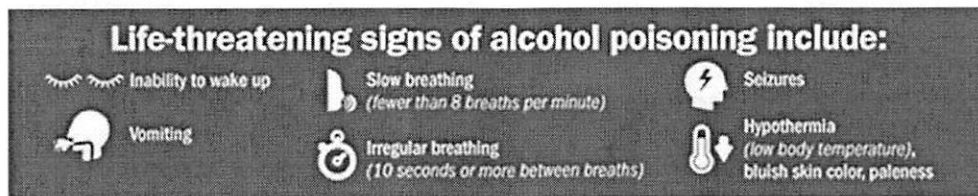






## More Serious Considerations

- Alcohol is the third leading preventable cause of death in the United States
- A BAC of 0.08 is a DUI
- An average of 6 people die of alcohol poisoning each day in the US.



7

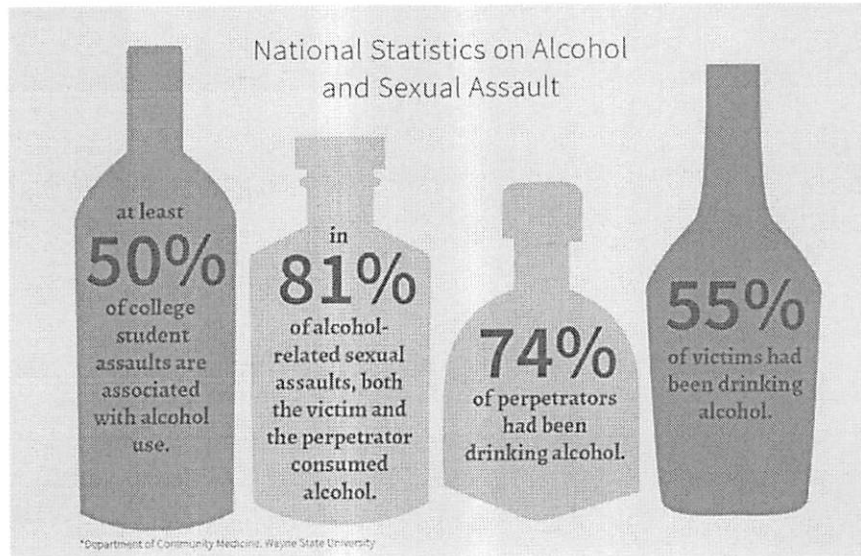


## Sexual Misconduct & Assault

- 50% or more of all sexual assaults of service academy students involve alcohol consumption by the perpetrator, victim, or both (OPA Gender Relations Survey 2016)
- Alcohol is a risk factor, not a cause of sexual violence
- “Alcohol consumption is associated with aggression and lack of inhibition” (marylandcollaborative.org)



## Sexual Misconduct & Assault



## How to Be an Angel



- DO NOT GET DRUNK
- Take care of other people to the best of your ability.
- Call Shipmate
- Walk them yourself
- Hospital, if need be
  - Remain vigilant and be proactive!
- TF is a last resort.



## Goals

- Have a fun event
- Keep what we have earned (Commission, service assignment etc)
- No Alcohol Related Incidents (ARIs)/ Conduct Issues
- Show officers that midshipmen can take care of other midshipmen



## MIDN ON WATCH 9/28

### MIDN IN CHARGE:

- (b) (6)
- (b) (6)
- (b) (6)

### Approx Timeline

- 1100- Gates open / drink ticket sales start
- 1200- Alcohol / food sales start
- 1245- Opening Ceremony
- 1300- Croquet start
- 1530- Last call for alcohol
- 1600- Alcohol sales end
- 1800- Croquet end (appx)

STAND BY FOR FINAL TIMELINE AFTER  
LT (b) (6) MEETS WITH THE WATCH  
TEAM



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QUESTIONS?  
CONCERNS?

Action Memo

08 Feb 2018

FOR: COMMANDANT OF MIDSHIPMEN, U.S. NAVAL ACADEMY

FROM: (b) (6) BRIGADE ALCOHOL AND DRUG EDUCATION OFFICER  
(b) (6) SIXTH BATTALION ALCOHOL AND DRUG EDUCATION OFFICER  
(b) (6), BRIGADE SAFETY OFFICER

SUBJECT: GUARDIAN ANGEL PROGRAM IN SUPPORT OF CROQUET MATCH VS. ST. JOHN'S COLLEGE

REFERENCE: (a) 2018 Croquet Ground Rules

DISCUSSION: The intent of traditional task force watchstanders at the St. John's College Croquet Match is to ensure the safety of members of the Brigade of Midshipmen at the event, to prevent irresponsible conduct from occurring and to swiftly address any issues that may rise. These visible watchstanders play an important role in execution of the Croquet Match. However, plain-clothed members of the Brigade tasked with looking out for their fellow Midshipmen may offer an additional resource that would provide extra manpower to identify and preempt potential issues, yet in a manner less formal and tense than being approached by a uniformed watchstander. This action memo proposes that the Brigade utilize the Guardian Angel Program at the Croquet Match.

BACKGROUND:

a. On Saturday, 14 April 2018, many Midshipmen from the Brigade will attend the Croquet Match versus St. John's College. Midshipmen may attend free of charge provided they present their CAC, therefore, high attendance by the Brigade is expected.

b. The annual croquet match is a high visibility event as many local Annapolitan residents attend as do local media outlets.

c. The croquet match is also a high risk event as alcohol is traditionally a central part of the event, leading to the risk of conduct offenses and ARIs.

(1) Bottles of champagne, wine, and beer are available for purchase on-site during the event. Midshipmen seeking to purchase alcohol at the Croquet Match must present an ID, acquire a wristband, and purchase drink tickets sold at the event. St. John's College 2018 Croquet Ground Rules specifically state that all purchased alcohol must be consumed on the match grounds.

(2) Many attendees will also consume alcohol prior to attending. The St. John's College 2018 Croquet Ground Rules do prevent attendees from bringing outside alcohol onto match grounds.

d. The Guardian Angels Program offers the Brigade of Midshipmen an opportunity to execute the Brigade Commander's intent, "Every One of Us is All We Need". This program provides an extra  
Prepared By: MIDN (b) (6), Brigade ADEO, (b) (6)



level of security for the Brigade at a high profile, high risk event, and reinforces the concept that there is an obligation to be aware and watchful of shipmates' well-being even when not formally assigned as a watchstander.

**WAY AHEAD:** In an effort to prevent ARIs and conduct offenses, it is recommended there be 30-40 "Guardian Angels" present. Their job will be to discreetly and swiftly take overly-intoxicated Midshipmen back to the Hall. They will not be in-uniform in order to be more approachable as well as encourage Midshipmen to comply. This will be the first large-scale official implementation of the Guardian Angel Program in anticipation of it becoming a part of the usual weekend watch.

a. Selection of participants in the Guardian Angel Program is variable. The Guardian Angels will be a strictly volunteer force, with the hopes that some of the volunteers will be members of brigade staff or team captains.

b. Training of the Guardian Angels will be conducted within two weeks of the event by the Brigade Alcohol and Drug Education Officer (ADEO), 6th Battalion ADEO, Brigade Safety Officer, and Brigade Sexual Assault Prevention and Response Commander. Training will consist of an overview of the intent of the Guardian Angel Program, statistics regarding alcohol related incidents and other necessary information, and the expectations of participants during the Croquet Match.

c. Guardian Angels will be tasked with identifying potentially unsafe situations and intervening in order to prevent them from degrading further. In the event that a Guardian Angel discovers a Midshipman that is already in a state of drunkenness that is either unsafe or unbecoming, they will evaluate the situation and determine the best course of action available. If a Midshipman is too intoxicated and health concerns exist, the Guardian Angels may contact emergency medical services. If a Midshipman is too intoxicated and there are no serious concerns for the Midshipman's health, the Guardian Angel may still arrange for Shipmate to pick up the Midshipman, or the Guardian Angel may elect to walk the Midshipman back on their own.

d. In the Fleet, officers often attend events where alcohol is consumed. Officers do drink, but use such events as opportunities to exhibit responsible drinking while ensuring the safety of the unit at the event. In the same way, Guardian Angels will be permitted to consume a maximum of 2 alcoholic beverages during the course of Croquet in order to exhibit safe drinking practices while ensuring the cognitive function required to take care of others.

**RECOMMENDATION:** Chain of Command approves by initialing as appropriate or by signing Attachment 1, etc.

CDR (b) (6), 6th Battalion Officer  
CAPT Chadwick, Commandant

Approve (b) (5)  
Approve (b) (5)

Disapprove (b) (5)  
Disapprove (b) (5)

Prepared By: MIDN (b) (6) Brigade ADEO, (b) (6)

ATTACHMENT/S: (a) Guardian Angels Training PowerPoint



# **Alcohol Awareness Week**

## **5-9 March 2018**



### ***Overview***

- **Mission Objective**
- **Events**
- **Daily Discussion Topics**
- **Wardroom Training**
- **Brigade Brief**
- **HERO 5K**





## ***Mission Objective***

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**The purpose of Alcohol Awareness Week is to educate the Brigade of Midshipmen on the consequences of inappropriate behavior involving alcohol while reminding them that risk increases during periods like Spring Break where outside influences (civilians, foreign countries/cultures, etc) may be introduced in order to reinforce the idea of “Keeping What You’ve Earned”, especially while on leave.**



## ***Events***

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- **Daily Discussion Topics**
  - **Resource Distribution**
- **Noon Meal Wardroom Training**
- **Brigade Brief in Alumni**
- **HERO 5K**



## ***Daily Discussion Topics***

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- **Opportunity for squad leaders/midshipman COC to practice *intrusive leadership* and have honest conversations about alcohol at noon meal tables**
- **Topics provided via newsletter delivered to tables**
- **Media slide(s) associated with each topic on screens in King Hall**



## ***Daily Discussion Topics (cont.)***

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- **Monday – Binge Drinking**
- **Tues – Alcohol and Sexual Assault**
- **Wed – XYZ Cases and Lessons Learned**
- **Thurs – Alcohol Poisoning**
- **Fri – N/A (no noon meal)**
- **DAPA cards and information about other resources available everyday**



## ***Wardroom Training***

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- Brief developed at Brigade level, given by company ADEOs and Midshipman leadership
- 1-2/C Mon/Tues; 3-4/C Wed/Thurs
- Learning Objectives:
  - MIDREGS
  - Signs of alcohol poisoning
  - Recognizing "ABV" and "proof"
  - Responsible drinking strategies



## ***Brigade Brief***

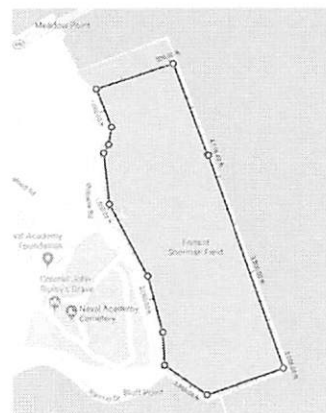
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- Tuesday, 6 March in Alumni Hall
- Speakers:
  - Mr. Bill Elliot of HERO Foundation
  - LT (b) (6), USN (Ret.)
  - MIDN 1/C (b) (6) (DUI/ARI involvement)
- Uniform: Blue and Gold Jogging Suits
- No stage/ground seating to accommodate basketball



## ***Be A HERO 5K***

- Thursday, 8 March at Hospital Point
- 1700 race start
- Route entirely on grass (4 laps)
  - No impact to roads
- Mr. and Mrs. Elliot in attendance



## ***Be A HERO 5K (cont.)***

- T-shirt design (slightly changed from previous years)





## ***Conclusion***

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- **Safe, effective alcohol awareness training for Brigade of Midshipmen**
- **QUESTIONS?**

## Alcohol Awareness Week 06-10 March

- To increase public awareness and understanding, reduce stigma, and encourage Brigade to focus on alcohol-related issues and alcohol treatment.
- 38 ADEO's
- MIDN 1/C (b) (6) & LtCol (b) (6) - ENS Elliott 5K
- Staff ADEO – Alcohol Awareness Panel

## Alcohol Awareness Week 06-10 March

- Alcohol Detection Devices just Prior to Gate 1 conducting BACs
- Weekend Prior Saturday Night - 04 MAR (2300 – 0100)
- Per recommendation from Alcohol Think Tank/Alcohol Working Group
  - Midn ADEO Staff training by Senior Chief (b) (6)
  - Strictly Voluntary with no repercussions
  - Just in front of Gate 1 / Prior to Security
  - Unannounced Event

## Alcohol Awareness Week 06-10 March

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- ADEO Brief in Company at NMFs
- Joint initiative from ADEO > CC > CO/SEL Team
- Previous Spring Break lessons learned (XYX Cases)
- Lessons from Fleet / Sea Stories
- Follow up Lunch Table Discussions (INTRUSIVE LEADERSHIP)
- Theme Topics
  - Professionalism
  - Liberty as a Mission
  - PROTECT What You've Earned
  - Substance Abuse Rehabilitation Program (SARP) Treatment
- Looking forward to Spring Break, Croquet, Co Dining Outs and Graduation parties

## Alcohol Awareness Week 07 March

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- ENS Elliott H.E.R.O. 5K @ 1700
  - '00 Alumni (24<sup>TH</sup> Co) killed by drunk driver who was released after a DUI.
- Route still TBD
  - 3.1 miles around Forrest Sherman Field (POC LtCol (b) (6) )
  - 300 Midshipmen cap
  - Start horn at 1715
- SPIRIT GEAR ???
- Grab and Go in MAC after > Shower > Alumni Seats by 1900!!!

## Alcohol Awareness Week 07 March

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- **TIMELINE**
  - 1700 MUSTER at starting point (TBD)
  - 1708 Intro and Moment of Silence for ENS Elliott
  - 1715 Horn to Start Race
  - 1800 Finish
  - 1815 Grab and Go from Dahlgren MAC
  - 1900 Seats in Alumni

## Alcohol Awareness Week 07 March

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- Alcohol Awareness Panel 1900-200
  - *"Street Smarts" dedicated to making young adults aware of the dangers of driving under the influence of alcohol or drugs, texting and/or e mailing while driving, not wearing seat belts, and the trauma associated with these dangers. The goal of S.A.F.E. is to offer information that will allow the audience to make rational decisions concerning their safety and well being, thus reducing injuries and fatalities, giving them the opportunity to become responsible and healthy adults.*
  - Paid for by OPNAV N17 under "EDUTAINMENT" grant \$5,000
- Alumni Staff tracking speaker requirements– Modified Seating for Basketball Court – No seating in center
- UOD: Working Blues



## Alcohol Awareness Week 07 March

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- Timeline
- 1800 LT (b) (6) escort speaker through Security
- 1815 Setup with (b) (6) in Alumni
- 1900 Seats and ADEO words
- 1905 "Street Smarts" Presentation
- 1955 Conclude and ADEO words
- WORDS FROM DANT?
- 2000 FINEX

February 21, 2016

MEMORANDUM

From: MIDN 1/C (b) (6), USN, Brigade ADEO  
To: Col LISZEWSKI, USMC, Commandant of Midshipmen  
Via: (1) MIDN CAPT (b) (6), USN, Brigade Commander  
(2) LT (b) (6), USN, USNA ADEO/CMEO  
(3) CAPT (b) (6), USN, Director CD & T  
(4) CDR (b) (6), USN, USNA Operations Officer  
(5) CAPT (b) (6), USN, Deputy Commandant of Midshipmen

Subj: PROPOSAL FOR ALCOHOL AWARENESS WEEK ACTIVITIES (MARCH 7-11, 2016)

1. Purpose. To reach the Brigade of Midshipmen through multiple mediums concerning the responsible consumption of alcohol and potential consequences when used improperly. The events will take place from 07MAR16 to 11MAR16, the week prior to Spring Break.

2. Events.

a. Alcohol Awareness banners in Rotunda (07-11MAR16)

- i. Large Alcohol Awareness Week (AAW) banners/fliers will be placed over the railings in the Rotunda and throughout Bancroft in order to promote AAW and responsible alcohol consumption. The Rotunda is one of the most viewed areas by Midshipmen as well as tourists that visit USNA. This gives a strong and positive message about responsible alcohol use.

b. HERO 5K Run (07MAR16)

- i. The event will honor ENS John Elliot, USNA '00 and include a discussion about driving under the influence.

1. The HERO campaign was created on behalf of ENS John Elliot, class of 2000. While home in New Jersey waiting to attend NFO training, ENS Elliot was killed by a drunk driver. The HERO campaign was established in his memory as a national program to prevent drunk driving. The HERO Campaign has also helped create new legislation known as "John's Law" in New Jersey as well as several other states, requiring police officers to impound the vehicle of those charged with DUI offenses. The legislation provided measures that would have saved ENS Elliot's life.

ii. The recommended course for the HERO 5K run:

1. Start at intersection of Bronson and Santee Road. Make a complete clockwise loop around Farragut Field, take a left and continue down Santee Road and Holloway Road where it will loop around Dewey Field. The course will travel back to the start position, loop clockwise around Farragut to King George Street and turn right onto Cooper Road. The course will finish in front of Dahlgren Hall at exactly five kilometers.

- iii. The HERO 5K run will not have an entrance fee and will be open to all Midshipmen and USNA staff interested in running. The intramural schedule will be amended to allow participation by intramural athletes.

- iv. Following the HERO 5K, a pizza or Chick-Fil-A party sponsored by MFSD will be held in Dahlgren Hall for all race participants. The number of race participants will be estimated through an interest survey sent out the week prior.
- v. Prizes will be awarded to the three fastest overall finishers as well as the top three men's and top 3 women's finishers. The prizes will most likely be yard cards paid for by MWF.

c. Alcohol Impairment Simulation Goggles (08MAR16)

- i. The Battalion ADEO staff will be present in smoke hall from 1230-1320 to allow people to utilize Fatal Vision alcohol impairment goggles and perform various actions while wearing them to simulate various levels of blood alcohol content.
- ii. An announcement will be made on 08MAR16 at the anchor in King Hall informing people of the impairment goggle event.
- iii. Instruction will be given explaining how BAC affects motor skills and the factors affecting BAC. Emphasis will be brought to the fact that the goggles only provide the feeling of being impaired, while when you are drunk your judgment and reasoning skills are also affected. Various activities are walking a line heel to toe, sitting in a chair, catching a ball, and giving someone a high five.

d. SARP Presentation (09MAR16)

- i. SARP will be presenting on how to help a friend with an alcohol problem and the screening and treatment process. Both counselors from Annapolis SARP, Mr. (b) (6) Chief (b) (6) will be present. Event will be held in Laboon from 1250-1320.

e. Alcohol Awareness Week Presentation (10MAR16)

- i. Collaboration between the PAO staff, Film ECA, and ADEO will put together an informative brief for the Brigade. Mixing short skits, several Midshipmen testimonies, and alcohol education, this brief will be run by Midshipmen leaders of 2016 and 2017. The primary date is scheduled for 1930 on 10MAR16 in Alumni Hall.
- ii. An announcement will be made in King Hall to the Brigade before lunch informing them of the time to be seated, along with what to expect to learn from the brief. Coordination for the event will also be pushed through Company ADEOs and the Operations chain of command to delineate information about the event.

f. ADEO Presentations (07MAR, 09MAR, 11MAR)

- i. Battalion ADEOs will create a PowerPoint on various topics dealing with alcohol. The presentations will be displayed in King Hall during lunch on their respective day.
  - 1. Battalion ADEO staff will create a PowerPoint presentation regarding the dangers of drinking and driving. The presentation will encourage responsible

consumption of alcohol, as well as bystander intervention in order to prevent drunk driving.

2. Battalion ADEO staff will create a PowerPoint presentation regarding the Zero Tolerance policy. The presentation will educate the Brigade to understand the substances which are authorized and which substances are not authorized under the Zero Tolerance policy. Pictures and definitions will be used to enhance education and prevent the use of unauthorized substances. XYZ cases will be utilized for educational purposes, and be discussed at squad tables.
3. Battalion ADEO staff will create a document regarding the various health risks related to alcohol consumption. The document will cover not only the short term effects of alcohol on the body but also the long term health effects. The document will be distributed to the Brigade through the ADEO chain of command.

g. Spring Break Safety Briefs (Various by Company)

- i. In collaboration with the Midshipmen Safety Officers, a power point presentation and discussion regarding conduct during Spring Break will be made to each Company. These briefs will be scheduled to offer available times to each class, and accountability will be taken.
- ii. This brief will contain information about traveling abroad, the dangers of drinking while dehydrated, and other precautions Midshipmen should take to keep themselves safe and protect what they've earned during Spring Break.

Very respectfully,

(b) (6)

MIDN

USN

February 7, 2014

MEMORANDUM

From: MIDN 1/C (b) (6) USN, Brigade ADEO  
To: CAPT BYRNE, USN, Commandant of Midshipmen  
Via: (1) MIDN 2/C (b) (6) USN, Brigade Sergeant Major  
(2) MIDN CAPT (b) (6) USN, Brigade Commander  
(3) LT (b) (6) USN, USNA ADEO/CMEO  
(4) CDR (b) (6) USN, Deputy CD & T  
(5) CAPT (b) (6) USN, Director & T  
(6) CAPT (b) (6) Deputy Chief of Police  
(7) CAPT (b) (6) USN, USNA Supply Officer  
(8) CDR USN, USNA Operations Officer  
(9) COL USMC, Deputy Commandant of Midshipmen

Subj: PROPOSAL FOR ALCOHOL AWARENESS WEEK ACTIVITIES (MARCH 3-7, 2014)

1. Purpose. To send a message to the Brigade of Midshipmen through multiple mediums about the responsible consumption of alcohol and potential consequences when used improperly. This evolution will take place from 03MAR14 to 07MAR14.

2. Events. The ADEO staff believes the following events will be the most effective at disseminating the desired message during Alcohol Awareness Week (AAW):

a. Heavily Damaged Vehicle Display (03-07MAR14)

- i. This will bring a realistic and frightening image of drunk driving to Midshipmen. Drinking and driving has tragic consequences and must be prevented at all costs. A little less than two years ago, the Brigade lost two Midshipmen due to drunk driving. The staged vehicle will educate and encourage the Brigade to think about drunk driving and its deadly consequences.
- ii. The proposal suggests the damaged vehicle to be staged along Stribling Walk since it is a highly visible area that is used by both Midshipmen and USNA staff on a daily basis. The vehicle will be obtained from a salvage yard with the assistance of USNA Maintenance and DoD Security. DoD Security will approve the car's final placement on the Naval Academy grounds as well as provide assistance with transporting the vehicle to/from USNA. The car would be kept in the location for the duration of AAW.

b. Alcohol Awareness banners in Rotunda (03-07MAR14)

- i. Large Right Spirit banners/fliers will be placed over the railings in the Rotunda and throughout Bancroft in order to promote AAW and responsible alcohol consumption. The Rotunda is one of the most viewed areas by Midshipmen as well as tourists that visit USNA. This gives a strong and positive message about alcohol that will increase the awareness in an efficient manner. The signs would be hung at 1700 on 02MAR14 and removed at 1200 on 07MAR14.

c. Alcohol Awareness Speaker (02MAR14)

- i. Mark Sterner will be giving a presentation about his personal experiences with alcohol to help educate the Brigade of Midshipmen on the dangers of drinking and driving. A separate



proposal for this speaker and the presentation has already been submitted and is tentatively scheduled for 1930 on 03MAR14 in Alumni Hall.

d. Pennsylvania DUI Association Simulator (proposed 04 MAR14)

- i. The safety simulator is a virtual car that simulates the impaired reaction time caused by drunk driving. This educational tool will accurately show MIDN how alcohol impairs their ability to safely operate a vehicle. Upon completing the simulator, individuals will develop a better understanding of how alcohol compromises the basic motor skills needed to drive a vehicle. DoD Security will authorize the final location of the simulator, preferably the MID Store parking lot, since it is approximately the size of a tractor trailer (50 ft long by 10 ft wide). Once approved, proper paperwork will be routed to ensure the driver can get onto the base without any problems. DoD Security will also provide assistance in transporting the trailer on/off the Naval Academy grounds when needed.

e. HERO 5K Run (03MAR14)

- i. The event will emphasize the dangers of drinking and driving to the Brigade of Midshipmen by honoring ENS John Elliot, USNA '00.
  1. The HERO campaign was created on behalf of ENS John Elliot, class of 2000. While home in New Jersey, waiting to attend NFO training, ENS Elliot was killed by a drunk driver. The HERO campaign was established in his memory as a national program to prevent drunk driving. The HERO Campaign has also helped create new legislation known as "John's Law" in New Jersey as well as several other states, requiring police officers to impound the vehicle of those charged with DUI offenses. The legislation provided measures that would have saved ENS Elliot's life.
- ii. The course for the HERO 5K run will be determined prior to 03MAR14 and will reflect the best course of action in regards to safety and traffic patterns. Here are some options:
  1. The course for the HERO 5K will start at the intersection of Bronson and Santee Road. The course will make a complete clockwise loop around Farragut Field, take a left and continue down Santee Road and Holloway Road where it will loop around Dewey Field. The course will travel back to the start position, loop clockwise around Farragut to King George Street and turn right onto Cooper Road. The course will finish in front of Dahlgren Hall at exactly five kilometers.
  2. The course for the HERO 5K will mimic the Marine Corps Physical Fitness Test with a start position on Holloway Road, adjacent to Ingram Track and the Midshipmen Store. The course will continue clockwise around Dewey Field, straight along Santee Road, clockwise around Farragut Field, along King George Street and reach a halfway point at Gate One. Once the halfway point has been reached, participants will double back and finish at the original start position.

- iii. The HERO 5K run will not have an entrance fee and will be open to all Midshipmen and USNA staff interested in running. The intramural schedule will be amended to allow participation by intramural athletes.
  - iv. Following the HERO 5K, a pizza or Chick-Fil-A party sponsored by MFSD will be held in Dahlgren Hall for all race participants. The number of race participants will be estimated through an interest survey sent out the week before. The deadline to sign up for the race will be 2200 on 02MAR14 in order to ensure there is enough food. (The proposal detailing events surrounding this run has been routed separately).
  - v. Prizes will be awarded to the three fastest overall finishers as well as the top three men's and top 3 women's finishers. The prizes will most likely be yard cards paid for by MWF.
- f. Life Skills for Leaders (05MAR14)
- i. The Midshipmen Development Center (MDC) will be presenting a program on how to help a friend with an alcohol problem. The speaker for this will be the Annapolis SARP, Mr. (b) (6) and will be held in Laboon from 1250-1320. (b) (6) from Hospital Point will also be invited to attend and will have information on tobacco and alcohol use.
- g. Firstie Club with DoD Police (06MAR14)
- i. The DoD Police will be invited to attend Firstie Club in order to further educate Midshipmen on the effects of alcohol on the body. While at Firstie Club the DoD Police Officers will conduct sobriety and breathalyzer tests for those who want it. They also be able to answer any questions in an informal environment, providing a good learning opportunity for all MIDN. This would be similar to the 21<sup>st</sup> Birthday Dinner.
- h. Midshipmen Memorial (03-07MAR14)
- i. Memorials for MIDN killed from drunk driving will be placed in Smoke Hall, a highly visible area for all MIDN. The memorials would include formal pictures of MIDN [REDACTED] and MIDN [REDACTED]. The memorials would be placed in Smoke Hall at 0630 on 03MAR14 and removed at 1230 on 07MAR14.
- i. ADEO Presentations (03-07MAR14)
- i. Each Battalion ADEO will create a PowerPoint on various topics dealing with alcohol. The presentations will be displayed in King Hall during lunch on their respective day.
    - 1. The First Battalion ADEO staff will create a PowerPoint presentation regarding the dangers of drinking and driving. The presentation will encourage responsible consumption of alcohol, as well as bystander intervention in order to prevent drunk driving. Pictures and statistics will be used to enhance the presentation followed by a memorial to MIDN [REDACTED] and MIDN [REDACTED] who lost their lives due to drunk driving. XYZ cases will be utilized for educational purposes.
    - 2. The Second Battalion ADEO staff will create a PowerPoint presentation regarding the dangers of binge drinking.

The focus will be prevention of abusive alcohol consumption through adherence to the 0-0-1-3 policy. The presentation will educate members of the Brigade on alcohol content, drink size, levels of impairment, and Blood Alcohol Content (B.A.C.). XYZ cases will be utilized for educational purposes.

3. The Third Battalion ADEO staff will create a PowerPoint presentation regarding the Zero Tolerance policy. The presentation will educate the Brigade to understand the substances which are authorized and which substances are not authorized under the Zero Tolerance policy. Pictures and definitions will be used to enhance education and prevent the use of unauthorized substances. XYZ cases will be utilized for educational purposes.
4. The Fourth Battalion ADEO staff will create a document regarding the various health risks related to alcohol consumption. The document will cover not only the short term effects of alcohol on the body, but also the long term effects. The document will be distributed to the Brigade through the ADEO chain of command.
5. The Fifth Battalion ADEO staff will create a document regarding alcohol dependency and treatment. The document will educate the Brigade to recognize alcohol dependency and seek treatment for themselves or others. A short questionnaire will allow the Brigade to quickly evaluate themselves and their shipmates in regards to alcohol dependency. The document will be distributed to the Brigade through the ADEO chain of command.
6. The Sixth Battalion ADEO staff will create a PowerPoint presentation showing the relationship between alcohol consumption and athletic performance. The presentation will utilize the Naval Academy Athletic Association (NAAA) for support as well as testimonies from prominent professional athletes. The presentation will be disseminated to the Naval Academy Varsity, Junior Varsity, and Club teams.

Very respectfully,

(b) (6)

MIDN      USN



8 FEB 13

MEMORANDUM

From: MIDN 1/C (b) (6) USN, Brigade Alcohol and Drug Education Officer

To: CAPT CLARK, USN, Commandant of Midshipman

Via: CAPT (b) (6) USN, Deputy Commandant of Midshipman  
CAPT (b) (6), Deputy Chief of Police  
CDR (b) (6) USN, USNA Operations Officer  
CDR (b) (6) USN, Acting Director, CD and T Division  
LT (b) (6) USN, Alcohol and Drug Education Officer  
MIDN CAPT (b) (6) USN, Brigade Commander  
MIDN CDR (b) (6) USN, Brigade Executive Officer

SUBJ: PROPOSAL FOR ALCOHOL AWARENESS WEEK

1. Purpose: The purpose of Alcohol Awareness Week is to utilize multiple mediums to send a message of alcohol awareness and responsible use of alcohol to the Brigade of Midshipman. Events scheduled for Alcohol Awareness Week will commence 04MAR13 and conclude 08MAR13.

2. Daily Events: The ADEO staff will engage the Brigade of Midshipmen for Alcohol Awareness Week with the events scheduled below:

a. Alcohol Awareness Speaker (1930 04MAR13 Alumni Hall)

i. The comedian Bernie McGrenahan will be giving a presentation using comedy and personal recollections to educate the Brigade on the danger of drinking and driving. He will also be able to speak to resources used by the Navy to help service members successfully prevent an alcohol problem from having a negative impact on their lives.

b. Damaged Vehicle Display (04MAR13 to 08MAR13):

i. The ADEO staff will provide a damaged vehicle in order to drive home the reality of drunk driving. Drinking and driving has tragic consequences and must be prevented at all costs. The importance for future naval officer's to abstain from drunk driving is imperative – it takes lives. Just this past year, the Brigade lost two fellow Midshipmen who were killed as a result of drunk driving. The staged vehicle will educate and encourage the Brigade to think about drunk driving and its deadly consequences.

ii. The proposal will authorize a damaged vehicle to be staged along Stribling walk. Stribling walk is a high visibility area as it is used by Midshipmen and Staff on a daily basis. The vehicle will be obtained from a salvage yard with the assistance of USNA maintenance

and DOD Security. DOD Security will assist in the transportation of the vehicle as well as its final staging on the Naval Academy grounds. The vehicle will be staged for the entire duration of Alcohol Awareness Week.

c. Alcohol Awareness Banners in the Rotunda (04MAR13 to 08MAR13):

i. The ADEO staff will display large Right Spirit banners that promote Alcohol Awareness Week over the railings in the Bancroft Hall rotunda. The rotunda is a high visibility area not only for midshipman, but also for tourists that visit the Naval Academy. The Alcohol Awareness Week banners will be displayed from 1700 04MAR13 to 1200 08MAR13.

d. HERO 5K Run (1700 04MAR13):

- i. Purpose: The Hero 5K Run honors Naval Academy graduate Ensign John Elliot and promotes individual responsibility in an effort to prevent drunk driving.
- ii. Background: The HERO campaign was created on behalf of Ensign John Elliot, a 2000 Naval Academy Graduate. While preparing to attend Naval Flight Officer training, ENS Elliott was tragically killed by a drunk driver while on leave at his home in New Jersey. The HERO campaign was established in his memory as a national program to prevent drunk driving. The Hero campaign has helped create new legislation known as "John's law" in New Jersey as well as several other states which requires police to impound the vehicle of those charged with DUI offenses. The legislation provided measures that would have saved ENS Elliot's life.
- iii. Course: The five kilometer course will be determined prior to 04MAR13 and will reflect the best course of action in regards to safety and traffic patterns.

Option 1: The course for the Hero 5K will start at the intersection of Bronson and Santee Road. The course will make a complete clockwise loop around Farragut Field, take a left and continue down Santee Road and Holloway Road where it will loop around Dewey Field. The course will travel back to the start position, loop clockwise around Farragut to King George Street and turn right onto Cooper Road. The course will finish in front of Dahlgren Hall at exactly five kilometers.

Option 2: The course for the Hero 5K will mimic the Marine Corps Physical Fitness Test with a start position on Holloway Road, adjacent to Ingram Track and the Midshipmen Store. The course will continue clockwise around Dewey Field, straight along Santee Road, clockwise around Farragut Field, along King George Street and reach a halfway point at Gate One. Once the halfway point has been reached, participants will double back and finish at the original start position.

iv. The Hero 5K Run has no entrance fee and will be open to all Midshipmen and Staff. The intramural schedule will be amended in order to allow intramural athletes to participate in the event.

v. At the conclusion of the Hero 5K Run, refreshments and pizza will be provided in Dahlgren Hall for all race participants.

e. Life Skills for Leaders (06MARCH):

i. MDC will be presenting a program on how to help a friend with an alcohol problem. The speaker will be the Annapolis SARP, Mr. (b) (6)

ii. The presentation will be in Laboon from 1250-1320.

f. Drunk Goggle DUI Experience (05MARCH and 07MARCH):

i. Sailors from the NSA Annapolis chapter of CSADD will come to give Midshipmen an opportunity to traverse a number of obstacles while wearing DUI drunk goggles. This will simulate how alcohol disrupts perception and prevents them from being able to control a vehicle.

g. Midshipmen Memorial (04MAR13 to 08MAR13)

i. The ADEO staff will display a memorial for MIDN [REDACTED] and MIDN [REDACTED] in Smoke Hall for the duration of Alcohol Awareness Week. The memorial will be positioned so as to be highly visible as the Brigade of Midshipmen transits to and from King Hall for meals. The memorial will include formal pictures of MIDN [REDACTED] and MIDN [REDACTED] as well as pictures from MIDN [REDACTED]'s accident.

h. ADEO Staff Presentations (04MAR13 to 08MAR13):

i. DUI: The First Battalion ADEO staff will create a PowerPoint presentation regarding the dangers of drinking and driving. The presentation will encourage responsible consumption of alcohol, as well as bystander intervention in order to prevent drunk driving. Pictures and statistics will be used to enhance the presentation followed by a memorial to MIDN [REDACTED] and MIDN [REDACTED] who lost their lives due to drunk driving. XYZ cases will be utilized for educational purposes.

ii. Binge Drinking: The Second Battalion ADEO staff will create a PowerPoint presentation regarding the dangers of binge drinking. The focus will be prevention of abusive alcohol consumption through adherence to the 0-0-1-3 policy. The

presentation will educate members of the Brigade on alcohol content, drink size, levels of impairment, and Blood Alcohol Content (B.A.C.). XYZ cases will be utilized for educational purposes.

- iii. Zero Tolerance: The Third Battalion ADEO staff will create a PowerPoint presentation regarding the Zero Tolerance policy. The presentation will educate the Brigade to understand the substances which are authorized and which substances are not authorized under the Zero Tolerance policy. Pictures and definitions will be used to enhance education and prevent the use of unauthorized substances. XYZ cases will be utilized for educational purposes.
- iv. Health Risks: The Fourth Battalion ADEO staff will create a document regarding the various health risks related to alcohol consumption. The document will cover not only the short term effects of alcohol on the body, but also the long term effects. The document will be distributed to the Brigade through the ADEO chain of command.
- v. Dependency: The Fifth Battalion ADEO staff will create a document regarding alcohol dependency and treatment. The document will educate the Brigade to recognize alcohol dependency and seek treatment for themselves or others. A short questionnaire will allow the Brigade to quickly evaluate themselves and their shipmates in regards to alcohol dependency. The document will be distributed to the Brigade through the ADEO chain of command.
- vi. Athletic Performance: The Sixth Battalion ADEO staff will create a PowerPoint presentation showing the relationship between alcohol consumption and athletic performance. The presentation will utilize the Naval Academy Athletic Association (NAAA) for support as well as testimonies from prominent professional athletes. The presentation will be disseminated to the Naval Academy Varsity, Junior Varsity, and Club teams.
- i. Conclusion (07MARCH):
  - i. The Brigade ADEO will provide final remarks, to be given at the anchor prior to Noon Meal, regarding Alcohol Awareness Week events. Following the final remarks, a safety reminder will be given in order to promote accountability, safety, and professionalism while on Spring Break leave. In addition to the Brigade ADEO announcement, the Company ADEO staff will make a similar announcement within their respective companies.

Very Respectfully,

(b) (6)

MIDN USN

HEALTH AND WELFARE INSPECTION TRACKER

DATE:	ROOM 1	ROOM 2	ROOM 3	ROOM 4	ROOM 5	BATTALION #:	COMPANY:
19-Sep-17						5th	
4-Oct-17						4th	
11-Oct-17						2nd	10th
8-Jan-18?							



## Company Midnight Teachable Moments

- Adapted from the Leadership, Ethics, and Development Division (LEAD) program developed for Company Commanders and varsity team captains
- Scripts developed by LEAD, acted out by Midshipmen leadership and facilitated by Midshipmen within the Company
- Scenarios include binge drinking, peer pressure to drink, harassment, and vulnerable situations
- Midshipmen are given the choice to consume up to 3 drinks or either beer or wine
- 29/30 Companies completed in AY16

Slide 1



## Company Midnight Teachable Moments

- Company leadership acts out the scenarios, then freezes:
- Audience is polled to see what actions they would take in each scenario and asked to act or say what they would do in each situation
- Facilitators give real feedback and share personal stories of success or failures
- Goal is to teach effective, safe bystander intervention tools
- Has received very positive feedback from Midshipmen and Company Officers/SELs
- 15 Companies will complete annually, all 1/C and 2/C required to attend with any over 21 3/C invited
  - Each Company will receive the training once every 2 years

Slide 2

## **Officer Guide: Midnight Teachable Moments**

**A. Duration:** 1 Hour

**B. Format:** Midshipmen will be assigned into five groups and led through various scenario stations. Each group will have approximately 8 Midshipmen and an Officer to help facilitate as needed.

The first scenario will begin NLT 1945.

There will be five stations that groups will rotate through:

- Anti-Social
- The Tell-All
- The Secret
- Risky Drinking
- Take a Break

Upon arrival at each station a scenario will be acted out for the group. The scene will end with one of the actors breaking the "fourth wall" and engaging the group of Midshipmen asking for advice. The actors will facilitate the discussion. The Officer may interject to help drive the discussion. The discussion questions are only a guide, and should be used at the Officer's discretion.

### **C. Scenario Descriptions and Discussion Questions:**

The setting is Army-Navy Week 2017. It is Friday night at a bar in downtown Annapolis.

#### **Anti-Social: 2 Actors**

A 2/C Midshipmen goes to his/her Platoon Commander to discuss an issue with a Company mate. A 3/C in Company has shared a compromising picture with some friends and it has gone viral.

- What are the issues at play in this scenario?
- Can you do anything for them? What?
- What are the associated risks for your action/inaction?
- Handle at the lowest level? Who do you consult on this decision?
- What level of accountability is required for the 3/C?
- How do you handle the internal conflicts on the team?
- What do you say to the 2/C?
- What expectation do you set for proper social media use?
- When do you know if you have done enough in this situation?

#### **Tell-All: 2 Actors**

A Midshipmen confesses to a company-mate about a difficult situation he's facing.

- What internal conflicts are at play?
- What are possible COA's?
- What are the risks of those COA's?
- Action vs inaction?
- Apply "Handled at the Lowest Level" to this scenario.
- What if the gender roles were swapped?
- What if this is one of your squad leaders and he brings this to you in confidentiality?
- Is there any way to go "halfway" on this scenario? I.e. can you ignore certain issues while handling others
- When do you know if you have done enough in this situation?

### The Secret: 3 Actors

Misplaced Loyalties/Junior Person with a Secret/Consistent Standards & Punishment

A festering secret boils over and a feud erupts between a Company Commander and Platoon Commander about handling issues at the appropriate level.

- What are the issues in this scenario?
- What are the immediate actions needed by the CC?
- Was the PC wrong?
- Who determines what the appropriate level for handling situations is?
- How do you make that clear?
- How do you deal with the Company learning about this?
- Is there anything you can do to be proactive or predictive in situations like this?
- When do you know if you have done enough in this situation?

### Risky drinking: 3 Actors

Binge Drinking/Self Control/Peer Pressure/FRAT?

Two MIDN are standing around a high top with empty beer glasses and bottles strewn about. They are getting loud talking about football and jokingly insulting one another. A third MIDN returns with a round of tequila shots and shouts, "Drink up, the night is young!" After the shots of tequila, one of the MIDN proclaims that another round of beers will make the night much more fun. He rushes to the bar and returns with four beers. (A great branch to this is the group trying to encourage a newly 21 year old Mid to drink more when he or she does not want to.) The facilitator yells "CUT!"

- What is the issue here?
- How would you intervene? What are your responsibilities/DUTY as a Wingman?
- Did we treat Liberty as a MISSION? How do we go about doing that in the future?
- How do you know your limit in alcohol?
- What is fun about getting hammered?
- What is "risky drinking?"
- How do you balance USNA with the "college experience?"
- What is the Navy's policy on alcohol?
- How can drinking impact your life now, and later as an officer?
- What kind of culture do you hope to have in your division when you are responsible for your Sailors or Marines?
- How will you impact your company's culture with respect to alcohol?
- Talk about the dangers of risky drinking and the involvement of alcohol within sexual assault cases.

### Take a Break

This station is an opportunity for Midshipmen to get refills, make head calls, and for the Officers to engage with the Midshipmen in their group informally about the scenarios or any other Gettysburg events.



2017

DATE	Company	ADEO	Food Order	Alcohol Order
Tues Oct 3rd	ADEO		Confirmed	Confirmed
Tues Oct 10th		15	Confirmed	Confirmed
Wed Oct 11th		5	Confirmed	Confirmed
Tue Oct 17th		16	Confirmed	Confirmed
Wed Oct 18th		3	Confirmed	Confirmed
Mon Oct 23rd		23	Confirmed	Confirmed
Wed Oct 25th		14	Confirmed	Confirmed
Mon Nov 6th		18	Confirmed	Confirmed
Tues Nov 21st		1	Confirmed	Confirmed
Tues Nov 28th		7	Confirmed	Confirmed
Thur Nov 30th		19	Confirmed	Confirmed

2018

Date	Company			
Tues Feb 6th		27	Confirmed	Confirmed
Tues Feb 27th		10	Confirmed	Confirmed
Wed Feb 28th		12	Confirmed	Confirmed
Mon Mar 5th		2	Confirmed	Confirmed
Wed Mar 21st		4	Confirmed	Confirmed
Thur Mar 22nd		30	Confirmed	Confirmed
Tues Mar 27th		8	Chick-Fil-A	Confirmed
Mon Apr 9th		26		
Wed Apr 11th		9		
Thur Apr 12th		25		
Tues Apr 17th		20	Chick-Fil-A	
Wed Apr 18th		28		
Wed Apr 19th		24		
Tues Apr 24th		17		
Wed Apr 25th		22		
Thur Apr 26th		11		

## Alcohol and Intervention Experiential Learning Event Suggested Scenes

### **Risky drinking. (3 Actors)**

Three MIDN are standing around a high top with empty beer glasses and bottles strewn about. They are getting loud talking about football and jokingly insulting one another. A fourth MIDN returns with a round of tequila shots and shouts, "Drink up, the night is young!" After the shots of tequila, one of the MIDN proclaims that another round of beers will make the night much more fun. He rushes to the bar and returns with four beers. (A great branch to this is the group trying to encourage a newly 21 Mid to drink more when he or she does not want to.)

A facilitator yells "CUT!"

Questions:

What is the issue here?

How would you intervene?

Role play ideas.

How do you know your limit in alcohol?

What is fun about getting hammered?

What is "risky drinking?"

How do you balance USNA with the "college experience?"

What is the Navy's policy on alcohol?

How can drinking impact your life now, and later as an officer?

Is it ok to drink with your enlisted?

What kind of culture do you hope to have in your division when you are responsible for your Sailors or Marines?

How will you impact your company's culture with respect to alcohol?

Talk about the dangers of risky drinking and the involvement of alcohol within sexual assault cases.

## Alcohol and Intervention Experiential Learning Event Suggested Scenes

### **Aggressive Flirtation (3 Actors)**

Two male MIDN are hanging out near the end of the bar and a female MIDN (MIDN C) is standing at the bar attempting to order a drink from a less than attentive bar tender. One of the male MIDN (MIDN A) says to the other, "I need another drink, what do you want?" The other male (MIDN B) answers, "jack and coke." MIDN A swaggers up to the bar with a false confidence that comes after four drinks. He sees the female MIDN (MIDN C), whom he has flirted with before on a night not unlike tonight, but with no success. He thinks this next move will win her over. He walks up and puts his arm around her shoulder, and asks, "Hey girl, I'm ordering a round, what can I get for you?" She squirms away, looking uncomfortable, and says, "No, thanks."

(Try this scene a couple of times, escalating the interaction from just talking to physical contact.)

One of the facilitators will shout "CUT!"

#### Questions:

What is the issue here?

How would you respond to this situation as MIDN B or another bystander?

Role play possible solutions. Challenge solutions if they do not seem like something a peer would do!

How could this situation degrade without intervention?

How can physical contact make someone feel uncomfortable and unsafe?

Highlight key issues on hand, the continuum of harm, and how this sexual harassment can lead to much worse things.

## Alcohol and Intervention Experiential Learning Event Suggested Scenes

### **Inappropriate Intentions (3 Actors)**

Two male role players talk casually by the corner of the bar. One of their female classmates, that both MIDN A and MIDN B know, walks by, and they say “hey.” MIDN A has had many classes with her and she is in his capstone group, MIDN B simply knows her name. When she is out of ear shot, MIDN B leans into MIDN A and says, “Man! What I would give to hook up with that tonight! What have you heard about her? I heard she will go back to the Hall with you...” MIDN A looks back and thinks about what to say. Again escalate the language in a couple of takes.

A facilitator yells “CUT!”

Questions?

What is the issue here?

How would you respond to this less than professional dialogue?

Does it matter how well you know the female MIDN?

Role play different solutions. Challenge unrealistic responses.

Would you actually say anything?

How could this situation degrade without intervention?

## Alcohol and Intervention Experiential Learning Event Suggested Scenes

### **Fighting (3 Actors)**

Two MIDN are hanging out when a third approaches and makes a snide comment. The ensuing conversation escalates to shoving and probably punching. (Try this scene with a civilian at the bar trying to fight the Mids.)

A facilitator yells “CUT!”

Questions?

What is the issue here?

How would you respond?

Is it ever appropriate to use violence to break it up?

What other ways can you calm the situation?

## Alcohol and Intervention Experiential Learning Event Suggested Scenes

### **Walking Home. (3 Actors)**

The group returns to the original MIDN from the first scenario. The female MIDN that was the object of the less than professional dialogue has just thrown up and the person that rushes to her side is MIDN B (the same person who desperately wants to hook up with her). MIDN B says to his friend, "I've got this. It's still early; you stay out and have fun. I have work to do in the morning, so I will just walk her back to the hall." Nobody disagrees with him and they go alone to the hall.

A facilitator yells "CUT!"

Questions:

What is the issue here?

What could have been done differently here?

Why are groups important?

How drunk is too drunk to make good decisions?

How could the situation get worse without intervention?

Ensure the group identifies that this woman will likely be raped without intervention.

## Alcohol and Intervention Experiential Learning Event Suggested Scenes

### **DUI. (2 Actors)**

As the midshipmen walk out to the patio, they will come across a MIDN fumbling around for his keys talking with his buddy in the parking lot below. He says, "Man, I am so excited for this hoagie from Wawa. If only my keys would get out of my pocket!" They chuckle and the MIDN with the keys finally gets them out of his pocket and leans in to the car to unlock the door. The Mids should let out that the driver has only had 2-3 drinks and does this often.

A facilitator yells "CUT!"

#### Questions:

What is wrong with this situation?

How do you prevent DUIs

What impact does a DUI have on a career? On a life?

How many lives does drunk driving take?

How much can you drink and still legally drive?

How do you really make a plan? How is it normally done?

What if the driver had 3 drinks? What about 2?

What could go wrong if they have only 1 drink and drive?

## Alcohol and Intervention Experiential Learning Event Suggested Scenes

### **Risky Drinking. (3 Actors, spin-off of real situation in DTA)**

A MIDN goes out on Thursday night liberty to meet up with some buddies enjoying a couple of drinks out in DTA. He puts on his SDBs and meets up with two other MIDN at a local bar, also in SDBs. The two MIDN have obviously been drinking, but are under control and not causing any trouble. One of these MIDN orders two more vodka sodas and begins to down them. He begins to get loud and rowdy while watching the football game on TV, and ultimately begins to make cowboy noises as he has a good time. The bouncer comes over and grabs the MIDN and whispers "STOP" in his ear. The MIDN finishes his drinks and heads to the bar for another drink, convinced that he is fine and under complete control. When told he should stop and calm down, the MIDN responds "Relax, I'm fine. I'm getting another drink!"

A facilitator yells "CUT!"

Questions:

What is the issue here?

How would you intervene? What happens when you receive push back?

How do you cut one of your friends off from alcohol when they are convinced they are fine?

How do you know your limit in alcohol?

What is fun about getting hammered?

What is "risky drinking?"

How do you balance USNA with the "college experience?"

What is the Navy's policy on alcohol?

How can drinking impact your life now, and later as an officer?

Is it ok to drink with your enlisted?

What kind of culture do you hope to have in your division when you are responsible for your Sailors or Marines?

How will you impact your company's culture with respect to alcohol?

Talk about the dangers of risky drinking and the involvement of alcohol within sexual assault cases.



## Summary of 21<sup>st</sup> Birthday Dinner Training at the United States Naval Academy

**Purpose:** The purpose of the 21<sup>st</sup> Birthday Dinner Training is to provide a target audience of Midshipmen (who have recently turned 21) with a means of determining safe drinking limits, promote safe consumption of alcohol in a social environment, and receive focused training on the risks associated with intoxication.

**Program Overview:** 21<sup>st</sup> Birthday Dinner training is held on a monthly basis throughout the academic year (September-December and January- April) in the Chesapeake Room of Bancroft Hall. Normal attendance is 75 Midshipmen per dinner, who voluntarily attend the dinner via a sign-up list maintained by the Alcohol and Drug Education Officer (ADEO) staff. Age is verified for all attendees via valid i.d. upon entry.

**Planning:** Catering established with Ms. (b) (6) of MFSD, (b) (6) @usna.edu. She just needs the estimated attendee number and the date of the event. Alcohol is ordered through NABSD catering through either (b) (6) ((b) (6) @usna.edu) or (b) (6) (b) (6) @usna.edu). General order is 5 bottles of red wine, 5 bottles of white wine, 3 cases of corona and 2 cases of coors light. You can mix it up if desired, keeping in mind the cost. The alcohol is delivered to the DryDock cooler, you just need to pick it up. MFSD provides bins with ice and glasses. You need to bring a bottle opener for the Corona. The cost is approved through (b) (6) MWF (b) (6) @usna.edu). You'll have to bring a yellow to her prior to the event to approve the funds to come out of the ADEO budget. If you or a guest speaker want to eat dinner, highly recommend purchasing the meal ticket before the event, it's cheaper. Sometimes MFSD will charge extra for meals when the guest/ADEO didn't eat, so I just correct them to get it cleared.

Dinners are held on a weeknight from 6:15-8:00pm, and include both formal instruction and informal discussions. The dinner schedule follows the general timeline provided below:

6:00-6:30 Attendees arrive and check in, determine their seating preference, start getting food from buffet, bar opens (food before alcohol), Introductions and program summary  
1830: Presentations, guest speaker  
1930: "drunk goggles" games  
1940: Bar closes (need 20 minutes from last drink for an accurate ADD test)  
1945-1800: Attendees receive portable breathalyzer checks to determine their BAC  
1800: Event concludes\*\*

\*The bar is run by ADEO program staff, and serves beer and wine (no liquor or mixed drinks) to attendees. Attendees are allowed a maximum of three drinks over the course of the dinner. Consumption is tracked by tabbed wrist bands. Drinking is purely voluntary, and not a required portion of the training, although most attendees do consume alcohol at the dinner.

**\*\*This information is compared to the number of drinks consumed and serves to provide feedback for establishing safe drinking limits, and allows attendees to compare the physical effects they are experiencing with a corresponding BAC level.**

**Following the conclusion of the dinner, attendees are free to return to their rooms. MIDN should not be granted liberty after the event.**

**Guest speakers have included Midshipmen in alcohol recovery, Ensigns in recovery, Company Officers, and Staff members.**

**Presentations from the KWYE Campaign are a good way to fill time, educate in a fun way, and utilize the KWYE staff. Previous presentations have included trivia games, powerpoints, and personal stories.**

**The police could be a good resource, you would just have to re-establish a connection.**



## 10<sup>th</sup> Company Midnight Teachable Moments Brief

Stay Out of  
the Box!



10th Company Commander: 1/C (b) (6)  
ADEO: 1/C (b) (6)  
OPS: 1/C (b) (6)  
Wardroom Officer: 1/C (b) (6)

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## 10th Company



### Mission Statement

*On Tuesday, 27 FEB, 10<sup>th</sup> Company will professionally and safely execute a Midnight Teachable Moments for all members of legal drinking age in accordance with COMDTMIDNINST 5350.IC in the Midshipmen Activity Center (MAC) located in Dahlgren Hall in order to (IOT) feed those in attendance, and to put Midshipmen in a real life environment with alcohol present and address situations that happen regularly out in town or while drinking in public. Fostering a culture of responsible drinking, where alcohol is viewed as something that can be used positively.*

**\*\*This is a training requirement for all MIDN in company that are of legal drinking age(21), unless they provide an adequate excusal.**

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## COMDTMIDNINST 5350.1C



This instruction serves as the guideline for the Alcohol Learning Objectives presented on the following slide.

**Prevention.** The goals of the Navy's prevention policy are to enhance Fleet readiness by reducing alcohol abuse, alcohol dependence, and alcohol-related incidents, provide a safe and productive working environment and ensure a satisfactory quality of life for members, shipmates, and their families.

**Alcohol use.** Irresponsible use of alcohol is inconsistent with the mission of the Naval Academy and will not be tolerated. The Naval Academy supports an aggressive alcohol abuse prevention program that encourages Midshipmen to take personal ownership for their actions, assume responsibility for the welfare of their peers and subordinates and avoid the destructive use of alcohol. This program also encourages Midshipmen to seek assistance when either they, or their peers, use alcohol in an irresponsible manner, prior to the commission of a conduct offense involving alcohol. Every effort will be made to make available to Midshipmen services directed at teaching COMDTMIDNINST 5350.1C 19 Nov 10 3 the importance of using alcohol responsibly, and provide screening, treatment, and aftercare for those Midshipmen with a diagnosable need.



## Alcohol Education Objectives



- **Keep What You've Earned**
  - The privilege to attend the Academy, serve the Nation, and our future Sailors/Marines is too good to jeopardize for an hour or two of over-indulging.
  - "Live the Title You've Earned Every Day," Gen Neller, Commandant of the Marine Corps
- **Drink Responsibly**
  - Understanding your tolerance is highly professional and mature; it is imperative for future officers to be able to help their people at any moment 24/7.
- **Have a Plan + Sober Buddy**
  - Never go out alone, and always have a sober friend to ensure you are safe at all times.

These objectives are in accordance with the overall intent of the Navy and the Naval Academy. It is imperative that we consider the safety of everyone when alcohol is involved.



## Event Goals



- Ensure all those in attendance are fed.
- Enjoy ourselves and practice good, safe drinking habits in accordance with the alcohol education objectives
- Put Midshipmen in a real life environment with alcohol present and address situations that happen regularly out in town or while drinking in public.
- Foster a culture of responsible drinking, where alcohol is viewed as something that can be used positively.
- Promote a positive atmosphere to attain greater morale and esprit de corps.
- **No Alcohol Related Incidents (ARIs)**



## Commander's Intent



- Build camaraderie within 10th Company and develop a strong company family while practicing responsible drinking.
- Use the valuable experience of Midnight Teachable Moments to train those of age how to drink responsibly in social settings.
- Use this training to facilitate positive alcohol awareness leading up to the 10th Company Dining Out the following Saturday, Alcohol Awareness week, and Spring Break.



## Plan of Action



### 1.) Education

**February 27, 2018.** ADEO and staff will lead MTM Alcohol training to meet all objectives.

### 2.) Preparation and Movement

Wardroom and ADEO staff will prepare the MAC for the training NLT 1730

### 3.) Execution

Location: Midshipmen Activities Center inside Dahlgren Hall

—A more indepth Scheme of Maneuver is provided on the following slide.

### 4.) Clean-Up/Retrograde

ADEO, wardroom and Duty section will remain behind to ensure the MAC is properly cleaned.

Should anyone over-imbibe, ADEO staff and guardian angels will safely transit any intoxicated Midshipmen back to 10th Company area safely



## Scheme of Maneuver



- 1800: All arrive in MAC. ADEO staff will check valid forms of ID, and distribute wristbands. MIDN will be directed to eat food, which is mandatory.
  - Pizza provided through NABSD, in lieu of King Hall.
  - Drinking also starts, with beer and wine available.
- 1845: Designated ADEO and CO staff members will begin skits.
  - At the end of each skit, we will get reactions and suggestions on what they think the best course of action is, go over the discussion questions, and encourage people to give real answers not what they think we want to hear.
  - We will perform each skit differently to maintain continuous engagement, and in a school circle formation to ascertain total attention.
    - \*The skits are provided later in the brief detailing the scenario, learning objectives, and discussion questions.
- 2000: End
  - After all the skits are done we will wrap it up and end with remarks regarding the purpose, and overall lessons learned.
  - Explain what the levels of blowing different numbers mean for breathalyzer tests.
  - Breathalyze MIDN before they depart to give them to a realistic idea of how much they drank.



## Food and Drink Plan

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- Pizza, chips, and water will be provided by NABSD.
  - Wardroom Officer and ADEO will ensure that all in attendance eat before and throughout the training.
- \*This meal is served in lieu of eating at King Hall for those attending.\*
- Alcohol will consist of a few selections of beer and wine also provided by NABSD.
  - A valid form of identification indicating legal age of consumption will be required to receive a wristband.
  - Alcohol WILL NOT be consumed without one of these wristbands. No exceptions.
  - ADEO staff will distribute alcohol and wristbands. Only those of age will handle and distribute alcohol. All members of the ADEO staff are of age.

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## Safety Plan

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- In the event that someone consumes too much alcohol during the event, the ADEO staff will coordinate a means to get the intoxicated midshipman back to the hall.
- The intoxicated person will be escorted back to their room and under the supervision of the duty section and/or a roommate or ADEO staff member.
  - Biggest way to remain safe is to NOT drink in excess at the event. Have fun and drink, but don't ruin someone else's day as well.
- In case of emergency, two evacuation routes are described:
  - Egress through the main entrance out toward the Front of Dahlgren.
  - Egress through the primary spaces of Dahlgren and immediately out the doors into the 6th Wing Parking Lot.
    - Map show on next slide.



## Evacuation Routes



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## Skits



### Fight

Your friend is at the bar, and another individual knocks into him, spilling his drink without really noticing. The individual who spills beer is visibly frustrated, and confronts the your friend. The two get riled up and then physical contact is made. PAUSE

LO's: Understanding the indicators that distinguish the beginning of an altercation vs an argument

### Discussion Questions:

Are there methods to help diffuse alterations that could become violent?

What should you do once the situation becomes violent?

How can we de-escalate the situation?

Is alcohol a factor here?

How could this be prevented in the first place?





## Skits



### Drunk Friend in Town

Your friend just left Fleet and sprinted to Buddy's because there is no cover. As soon as he gets in, he buys beers and hits the dancefloor. He was clearly already drunk at Fleet, and now after 10 minutes, he is spilling beer, throwing it in the air, and dancing obnoxiously and hitting people. It is well after midnight, and your friend stands on the table to start dancing, and the bouncers take notice.

PAUSE

LO's: Valid and responsible courses of action to get your friend back safely

### Discussion Questions:

What is an effective method of getting your friend out of trouble?

How can you proactively prevent hesitation, fighting the stigma of not being cool, when your friend is too drunk?

Do you think they went out with a plan?

What is a good way to ensure he gets back safely?

What could have prevented this?

How could this become an ARI?



## Skits



### Having a Plan to get Back Safely

It's Saturday, and you and a group of friends decide to hit up DTA. It's 1am and you all decide it's time to leave. One of the people in that group isn't really your friend, you might've hung out with them once or twice, had been drinking a lot the whole time. They parked at the nearby and tell you that they're going to drive to his sponsors to pick up their laundry from their sponsors, and proceeds to walk down West Street. No one else says anything.

PAUSE

LO's: Assessing a situation, be a good shipmate, have a plan

### Discussion Questions:

How do you confront that person, without coming off as a "buzzkill" to the good vibes?

What could be the consequences of not saying anything? Saying something?

Did this person have a plan? A guardian angel?

## Have a Plan + Sober Buddy



**Have Fun and Drink Responsibly!**

**Alcohol Think Tank Meeting**  
**30 NOV 17**

**1. Training – what are our most effective tools to get the message across?**

- a. Small unit/group discussions
  - i. Good for repetition – hearing the message over and over again keeps it fresh in your mind
  - ii. XYZ cases bring relevant/topical issues to the conversation
  - iii. Should be held with members of your class, in your company
    - 1. These are the people you will be around when out on liberty
    - 2. This is why MTM is so effective
  - iv. Discussions should be led by peers (1/C-2/C) or by the immediately superior class (3/C-4/C)
    - 1. Gives 3/C ownership of Plebe training
    - 2. Relevant/relatable
- b. Brigade-level briefs
  - i. Bringing in outside speakers is effective
    - 1. Lasting messages/impactful stories that stick in your head
    - 2. Not the same thing over and over again
    - 3. Good compliment to unit-level discussions
    - 4. Should be held twice a year vice once (during Alcohol Awareness Week)
- c. 3/C summer training incidents
  - i. First time really “away from home” with some freedom – leads to incidents
  - ii. Better Intercessional/Pre-summer training needed
    - 1. Potentially have 4/C brief given by several upperclass who got ARIs over their Youngster summer

**2. ARIs/DUI**

- a. As much transparency as legally possible helps
  - i. Dispel rumors
  - ii. Answers lingering questions
    - 1. Why did this person with a DUI get retained? Is this ok?
  - iii. XYZ cases as soon as possible after the event is fully investigated/adjudicated
  - iv. Prevention through transparency – people aware of consequences/process

## AWG Agenda 18OCT17

1. Guardian Angels
  - a. Overview
    - i. Brigade Guardian Angel program versus personal (still need to plan before going out.)
  - b. Formal vs. Informal Program
    - i. For us-by us program? How would it be received?
    - ii. Do we need an identifier? Shirts? Badge?
    - iii. Who would man this?
2. Tailgates
  - a. Safety/ADEO Briefs—what needs to change?
    - i. ADEO's need to be nit picking rather than doing everything
  - b. How do we make food a centerpiece? (As it's supposed to be)
  - c. Are wristbands effective? What might be more effective?
  - d. What more can we do?
3. How do we change the thinking that liberty=drinking?
  - a. EOL doesn't mean you've stopped drinking-you should stop drinking 12 hours prior.
4. Alcohol Training Continuum
  - a. Objective: To provide Midshipmen with a 4-year training plan to openly discuss topics related to alcohol, its effects on our lives, and our roles as leaders in promoting a responsible drinking culture.
  - b. Provide 3 Sessions/class/year. During Reform, Spring Break Week, Intercessional. Have one lecture and two discussions (should they be taught by an Ethics professor?)
  - c. **4/C Year: Alcohol in Society**
    - i. What has society taught us about alcohol?
    - ii. How do societal influences affect our behavior as mids?
    - iii. What are the rules and regulations concerning alcohol at USNA?
    - iv. What are the 1/C doing under the influence that is unprofessional/we want to change? (Take their responses and bring to 1/C during a session)
  - d. **3/C Year: Alcohol in the Brigade**
    - i. What are the "norms" associated with alcohol in the Brigade?

- ii. How do we compare to civilian colleges and universities in terms of alcohol/partying?
- iii. What are the dangers associated with binge drinking?
- iv. Should we tie this to Shape?

**e. 2/C Year: Alcohol in our Unit/Company Culture**

- i. What is our alcohol culture in company? What do we want to change?
- ii. How do we represent alcohol to the underclassmen?
- iii. How can we take ownership of our company alcohol culture?
- iv. Bystander intervention

**f. 1/C Year: Alcohol in the Fleet**

- i. How do Fleet norms differ from USNA norms?
- ii. How do we set the example for those we lead: sailors/marines/company, other JO's?
- iii. What resources are available to get assistance for our sailors and marines when they need it?
  - 1. FFSC Support

**Are these the pertinent issues we need to discuss? What other learning objectives do we need to address?**

**What is the most effective medium for alcohol education to the Brigade?**

**What does our alcohol education platform look like?**

## **Brigade Alcohol Think Tank**

### **4 April 2017 Meeting Minutes**

- 1) The purpose of this meeting was to start constructing a structured alcohol education curriculum for upcoming academic years.
- 2) Please review the recent Capital Gazette article featuring VADM Carter emphasizing the Academy's commitment to an effective alcohol education program:  
*"Naval Academy to target Midshipman underage, binge drinking to address sexual assault issue"*  
<http://www.capitalgazette.com/news/annapolis/ph-ac-cn-usna-dod-sexual-assault-folo-0331-20170329-story.html>
- 3) Please review the NIAAA's College AIM Matrix, which provides good background knowledge from which to start discussing alcohol education programs and techniques:  
<https://www.collegedrinkingprevention.gov/CollegeAIM/>
- 4) Finally, we discussed learning objectives specific to each class:

#### **Learning Objectives:**

##### **4/C:**

- Personal accountability for actions
- Understanding what offenses go with what – potentially an open adjudication

##### **3/C:**

- How to represent alcohol (especially in front of plebes - and really all classes)
- Explore why the drinking age is 21
- Dangers of binge drinking – including sexual violence, drugs in untended drinks, etc.

##### **2/C:**

- How to represent alcohol
- Why we need to educate about alcohol – but not condone underage drinking
- Recognizing alcohol dependence – and how to intervene
- What is safe drinking

##### **1/C:**

- How to represent alcohol
- Why we need to educate about alcohol – but not condone underage drinking
- Recognizing alcohol dependence – and how to intervene
- Drinking in the fleet – what to expect and how to deal with it
- What is acceptable social drinking, with senior officers, with your enlisted?

**Universal: How to represent alcohol**

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**Brigade Alcohol Think Tank Notes**  
**23 February 2017**

Topic: Consider using Mac for alcohol in controlled setting.

Points to consider:

1. What are benefits?
2. What are costs and cons?
3. What would a building block approach look like?

**MAC**

Relatively cheaper beers and bottles of wine

No hard alcohol, mixed drinks on Fridays?

Open two nights per week?

Wear civvies? What to wear?

**WATCH SECTION** – watch organization led by billeted 1/C

2 Watchstanders at a time, three shifts per night, watchstanders of-age

At Air Force it was a low-key area for homework on Monday through Wednesday, Thursday more of a traditional bar.

**NOT A MONEY-RAISING VENTURE** – intended to be cost neutral.

Operating Costs: alcohol itself. TIPS-trained bar tenders. Clean-up.

Could we police ourselves? – According to 1/C Club performance, yes we can!

Maybe there would be an initial excitement but it would hopefully die down.

1/C and 2/C? 3/C as well?

How would having all of Annapolis available to us cut down on attendance?

Most likely the bar would be populated on nights without liberty – especially for 2/C's

Midnight Teachable Moments moving to Chesapeake room needs to be included in proposal

**WHO WILL WRITE THE PROPOSAL**

- 1) (b) (6) (b) (6) (2/C)
- 2) (b) (6) (2/C)
- 3) (b) (6) (1/C)
- 4) (b) (6) (2/C)
- 5) (b) (6) (1/C)
- 6) (b) (6) (4/C)



## **Alcohol Think Tank Feedback**

**24 JAN 17**

### **"Quick Wins"**

- 1) Unanimously in favor of discontinuing 21<sup>st</sup> Birthday Training, with intent to invest more in Midnight Teachable Moments.
- 2) Unanimously in favor of improvements to MTM, including:
  - a. Instituting beginning-of-semester MTM for all Company ADEOs and other facilitators
  - b. Standardizing MTM script, re-evaluating script
  - c. Adding breathalyzers to MTM training
- 3) 9 to 4 in favor of early-releasing XYZ case data.
  - a. Intent: to give Brigade immediate picture as to the frequency of conduct offenses. The cases released would only include the MIDN's class year and charge. Explored how best to disseminate – read at MQF, present at Anchor at noon meal, show on ppt in King Hall during meals, email. Explored whether or not to only release cases in which the MIDN has already pled guilty.
  - b. Concerns: Early release may distort facts, widely disseminate rumors, have negative social repercussions for accused MIDN. Also that the training value of the cases might be lost if the charges are not connected to a punishment. Also that the Brigade might become immune to hearing cases, or worse- start to celebrate the cases.
  - c. Similar proposal: Seek out more speakers like 1/C Tom Swanson, who were able to speak to their own experiences and their repercussions. These have a powerful impact. We understand that these events require very particular cases, but it is worth continuing to seek out cases like these to personally share.
- 4) 11 to 3 in favor of administering a once-in-a-semester Breathalyzer at Gate 1 for educational purposes.
  - a. Intent: MIDN fulfilling a Keep What You've Earned project would be trained in Breathalyzer use and set up at Gate 1 on an undisclosed Friday or Saturday evening. They would offer MIDN returning from liberty the opportunity to receive a voluntary BAC test. This would be purely for educational purposes, and no punitive action would be taken.

- b. Concerns: MIDN, if they know that they might have the opportunity to be breathalyzed, will drink heavily to see who can have the highest BAC. To mitigate this, this event will only occur once in a semester, and the date will not be revealed beforehand.
  - c. Further concerns: Some MIDN may be emboldened by their breathalyzer results, particularly if the breathalyzer registers a false negative result. However, the majority of the Think Tank believes that the educational benefits that this event may carry will outweigh the small possibility that MIDN will be emboldened by their Breathalyzer results.
  - d. Reasoning: Many MIDN have never received a BAC test after a normal weekend night out. This opportunity will allow them to evaluate their drinking. Subsequent informative materials that show how BAC impacts the body will be placed around the Academy in the week following the breathalyzing.
-

### 08DEC2016 Brigade Alcohol Think Tank Meeting

- Went over results from Brigade Alcohol Survey
- GOAL: responsible use of alcohol; curb binge drinking
- Should colleges be responsible for providing alcohol education?
  - Yes
    - Buddy system → Be a good shipmate
      - Looking out for those around you
      - Not necessarily staying with original group all night
        - Plans change, but make sure everyone knows your change in plans
- When you think of your personal role models at USNA, what best describes them?
  - Has inappropriate behavior from drunk upperclass gotten better or worse?
  - Casual, responsible drinking was the highest
    - People look up to people who are responsible
  - Introduce people to casual drinking events
    - This is a good transition from going from no drinking to drinking out in town where the atmosphere leans towards heavy drinking
    - Midnight Teachable Moments
    - \*\*\*Battalion or Company Tailgates
      - Not necessarily teaching/telling stories about alcohol
      - It's about showing people how to do it correctly
- Statistics show that the best way to curb alcohol related incidents is to take away the amount of alcohol
  - Other colleges can drink on campus; therefore, the college can limit the scope of alcohol, hard alcohol
    - How could USNA do that?
      - Restricted the amount of alcohol at Service Assignment dinner, so people chugged beers and wine in order to make sure they had ample amount of alcohol
  - How many people did not underage drink before they came here?
    - Most people here are "straight-laced" and were not as crazy in high school as their college counterparts
      - Their first time of being around alcohol is seeing 2/c and 3/c coming back hammered
  - ACTION ITEM: Numbers of those who get in trouble on the weekends vs. Tues/Thurs night liberty
- Who has personally influenced your drinking behavior the most?
  - Parents and USNA Classmates
- What is the Naval Academy's primary message in regards to underage drinking?
  - W/in Brigade it's don't get caught, but big academy is it's illegal

1. YES
2. Sex Appeal: is it cool to get hammered and get drunk? YES
  - a. College and Navy thing
    - i. College thing comes from midshipmen
    - ii. Navy thing comes from officers and their experience in the fleet
  - b. Out in town, it is a majority of MIDN
3. Wasn't a big part
4. Is there competition to drink more?
  - a. Better question would be "Is there pressure to drink more?"
- Personal responsibility and enforcing the standard
- Dry Season for athletes (Women's swimming and Women's soccer)
- Not binge drinking because we have a common goal?
- Stories from other Company Officers and SELs
  - o Not same CO and SEL, but other Officers and Enlisted
- ABC stories and cases

#### **Potential Proposals**

1. **Add more Midshipmen-applicable knowledge to alcohol education** – e.g. describe how alcohol can hurt athletic performance or growth. This may well resonate with a crowd that isn't influenced by the more traditional health effects of alcohol.
2. **Have people who incurred alcohol offenses address Midshipmen** – although this already exists in the form of XYZ cases, these speeches need to be well-planned and genuine in order to be effective. **Bringing in officers and SEL's** to discuss their experiences may have a better impact because it provides the perspective we need in our futures.
3. **Increase number of events involving officers and Midshipmen interacting with alcohol** – in these events Midshipmen have social pressure to drink responsibly, and are able to observe officers drinking responsibly. This is preferable to artificial environments like Midnight Teachable Moments. This requires trusting Midshipmen, but it also provides insight to Midshipmen on how social events in the Fleet are conducted.